Exercise “Find your colleague”

Aim of the exercise:

Awareness about the persons in front of us. In this exercise the participants will understand that it is not easy to start to learn about one and other. This was, identifying victims of THB may be done more carefully.

Activity:

Each participant should write on a same shape piece of paper 3 things that define him as a person. However, it should not include: name, rank, place of work, colour of his eyes/hair or skin.

Eg: I love skiing
    I am a biker
    I don’t like liars.

All the notes will be folded, put all together and then, each one should pick up one note.
The participant who pick up the note will read loud and clear all the 3 things written on the note and then try to guess who wrote it.
If he will guess, the identified person will proceed in the same way by reading his note.

Product of the exercise:

In the end, the trainer, will underline that it is not easy to identify persons in need for help only by looking at him/her and it is necessary proper investigation to be made and to pay proper attention in each case.