

**REPORT ON THE ALLOWANCES PAID
TO ASYLUM SEEKERS AND FAILED
ASYLUM SEEKERS: 2020**

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Introduction

The Home Office ensures asylum seekers are not left destitute by providing appropriate support under section 95 of the Immigration and Asylum Act 1999 ('the 1999 Act'). Section 95 support is also provided to failed asylum seekers who have dependants under the age of 18 in their household at the time their asylum claim and any appeal is finally rejected (for as long as the youngest child remains under 18). Other failed asylum seekers are supported under section 4(2) of the 1999 Act if they would otherwise be destitute and meet conditions set out in the [Immigration and Asylum \(Provision of Accommodation to Failed Asylum-Seekers\) Regulations 2005](#).

Support provided under section 95 of the 1999 Act is usually provided in the form of free, furnished accommodation (with no utility bills or Council Tax to pay) and a weekly cash allowance to cover the asylum seeker's other essential living needs. Free access to healthcare and schooling is also provided. Those provided with support under section 4(2) are accommodated in the same way as those supported under section 95 and also receive a cashless weekly allowance to cover their essential living needs, through a debit card (the "Aspen Card") which can be used to buy food and other essential items at retail outlets that accept visa transactions.

The level of the cash allowance is reviewed each year to ensure it is adequate, using an assessment methodology developed in 2014 in light of the findings and guidance given by the High Court in the case of *R (Refugee Action) v SSHD 2014 EWHC 1033 (Admin)*¹. The judgment of the High Court in the case of *Sumaya Ghulam, JK, YT and RG v SSHD 2016 EWHC 2639 (Admin)*² and of the Court of Appeal in the case of *JK, R (On the Application Of) v Secretary of State for the Home Department [2017] EWCA Civ 433*³ upheld our approach. Separate proceedings in the Scottish Courts have also upheld our approach.

Overview of the assessment methodology

In basic terms, our approach is to identify all needs that are considered "essential" for average, able-bodied asylum seekers and their dependants and which are not covered through other arrangements. We then assess the cost of meeting each of these essential needs.

The amount of cash deemed necessary to cover the costs of meeting food needs is taken from Office of National Statistics (ONS) information about the amount of money spent on the items by individuals in the lowest 10% of income group in the UK. The amount deemed necessary to cover toiletries, household cleaning/laundry items and non-prescription medicines has been taken from ONS data in the past, but we have also

¹ <http://www.bailii.org/ew/cases/EWHC/Admin/2014/1033.html>

² <http://www.bailii.org/ew/cases/EWHC/Admin/2016/2639.html>

³ <http://www.bailii.org/ew/cases/EWCA/Civ/2017/433.html>

conducted market research into the costs of the items. The amount of cash needed to cover remaining essential needs (clothing, communications and travel) has always been taken from market research, which was last conducted in 2019.

The ONS data is taken from their annual Living Costs and Food Survey. This survey is an important source of information for government and the wider community and is used primarily to provide information for the Consumer Prices Index and the Retail Prices Index, to analyse the effects of taxes and benefits and measure trends in nutrition. The survey samples expenditure patterns of individuals in private households. The basic unit of the survey is the household. A household comprises one person living alone or a group of individuals (not necessarily related, but living at the same address) who share cooking facilities and share a living room or sitting room or dining area. Each individual in the household aged over 16 is interviewed and asked to keep diary records of daily expenditure. Detailed questions are asked about the income of each adult member of the household. In addition, personal information such as age, sex and marital status is recorded for each household member. The survey is continuous, interviews being spread evenly over the year to ensure that seasonal effects are covered. The questionnaire content undergoes regular thorough review to ensure that it remains up-to-date and captures information efficiently.

Provisional 2020 evaluation of the cost of meeting essential living needs

The trigger for 2020 review was the publication of the relevant ONS data on 19 March 2020. By May 2020, we had not completed our research into the cost of purchasing non-food essential items, but made the following provisional findings:

- The ONS data shows expenditure on food by the lower 10% income group during 2018/19, adjusted in the same way as in past years to provide a value for a single person, was £26.49 per week.
- Our research in 2019 assessed the cost of meeting all other items (clothes, toiletries, household cleaning products, non-prescription medicines, travel and communication) at £12.44 per week.
- Taking these two figures, plus inflation at 1.7% (CPI from February 2020), gives a figure of £39.60 per week.

The adjustment for inflation follows our practice in previous reviews of applying the general Consumer Prices Index (CPI) to the total assessed amount of meeting the various needs. In this case it is used to take account of the time passed since the ONS data and the 2019 market research was gathered.

A temporary exceptional increase to £39.60 for asylum seekers supported under section 95 of the 1999 Act and was implemented on 15 June. This amount was also provided for each of any dependants in the asylum seeker's household.

The temporary exceptional increase of the allowance to £39.60 was also applied to those failed asylum seekers supported under section 4(2) of the 1999 Act because they are temporarily unable to leave the UK.

Assessment of the individual needs

Our findings in respect to further analysis of the amounts required to cover each of the needs are set out below.

Food and non-alcoholic drinks

We followed the practice of previous years and accepted the ONS level of expenditure on food is at the right level to cover the essential need (to purchase sufficient food to live healthily). There is no evidence the dietary needs of able-bodied asylum seekers are greater or less than the population at large. The ONS data amount shows the basic

amount for this need is currently £25.23. This data is taken from table A6⁴ in the survey. As data on the expenditure for the lowest 10% of households is based on a household of 1.3 persons, the figure given for food in data table A6 is adjusted by dividing the figure by 1.3 to arrive at the level indicative of the expenditure of single person.

The ONS data records expenditure on takeaways separately from shop bought food/drink. Whilst we do not consider this expenditure to be essential, some adjustment is needed to other food expenditure, as without takeaways expenditure on food would be higher. We have added £1.26 to take account of one takeaway meal per week (calculated as follows: 1/20 of £25.23) to allow for additional shop bought food to be acquired to cover the extra meal per week. This approach is used every year.

We assess around £26.49 is sufficient to cover the average weekly dietary needs of an adult asylum seeker.

Toiletries, non-prescription medications and household cleaning items

ONS data is no longer used to calculate this cost as our research has consistently shown the cost of the essential need is lower. Our market research in 2019 costing the basic annual costs for items we considered essential showed an annual cost of £78.80, a weekly cost of £1.52 (see Annex A).

Clothing and footwear

ONS data is not used to calculate this cost. Extensive research is conducted each year, last done in 2019, into the costs of a set quantity of essential clothing in both retail and charity outlets. This shows that £2.90 per week is sufficient to purchase and/or maintain a reasonable wardrobe of essential clothes. (see Annex B).

ONS data is not used as the survey data is likely to include items that may be considered non-essential.

Travel and Communication

We do not consider travel and communication are essential needs in themselves, but accept they may be necessary in limited circumstances to enable other needs to be met, including those related to maintaining interpersonal relationships and a minimum level of participation in social, cultural and religious life⁵. ONS data is not used to calculate this cost.

⁴ Table A6 at:

<https://www.ons.gov.uk/peoplepopulationandcommunity/personalandhouseholdfinances/expenditure/datasets/familyspendingworkbook1detailedexpenditureandtrends>

⁵ Discussion on travel, communications and the maintenance of interpersonal relationships and a minimum level of participation in social, cultural and religious life is set out in paragraphs 104 to 110 and 113 to 116 of Justice Poplewell's judgment in the Refugee Action case.

Participation in activities associated with interpersonal relationships and social, cultural and religious life, do not always incur a cost. Asylum seekers are invariably accommodated in urban centres where churches, mosques and other religious establishments are within walking distance. Also, many recreational and cultural activities are free (for example community centres and museums).

We nonetheless accept it is reasonable to make some allowance for travel in the overall cash allowance provided to asylum seekers to meet these and other occasional incidental travel needs.

Home Office research was undertaken in 2019 into the costs of transport in around 25 of the towns and cities around the UK where asylum seekers are provided with accommodation and support. Research concluded that £4.50 per week would generally cover the cost of at least one weekly return journey in most UK cities and towns across the UK and this was sufficient to meet the particular needs of asylum seekers. The full analysis of the research can be found at Annex C.

The costs of travel for purposes unique to asylum seekers are covered through separate arrangements. Travel to legal appointments is met through legal aid and travel costs to reporting events, asylum interviews and appeal hearings are paid separately.

In respect to communication, the “essential need” is to have the possibility of accessing the means to communicate⁶ and there are various ways of doing so, including by telephone (local, international, mobile, landline or SMS), internet (free access to the internet is available at libraries, enabling email and Skype facilities), or by post or fax.

ONS data is not used to calculate this cost. Home Office Market research for 2019 confirmed an allowance of £3.52 per week is a reasonable figure, made up as follows:

Items	Annually
Paper / pens x 4	£8
A basic phone	£14.99
A Sim	free
12 x £10 top ups	£120
Int'l calls @ £10 a quarter	£40
Annual total	£183.98
Weekly total:	£3.52

The full research can be found at Annex D.

⁶ See article 14(2)(b) of the EU Reception Condition Directive 2003/9/EC at <http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2003:031:0018:0025:EN:PDF>

Covid-19

Some supported asylum seekers experienced difficulties relating to Covid-19 because of their individual circumstances. For example because of the closure of local shops in their area or because they are unable to leave their homes due to an underlying health condition. The Government responded to these pressures by implementing practical measures, including through arranging for the delivery of food parcels. The increase to the standard allowance, pending completion of the full review, ensured there would be no shortfall in what is necessary to meet essential living needs during the pandemic.

The purpose of the cash allowance is to enable those in receipt of support to purchase food and the other essential items and there is currently very little evidence the associated costs have risen since the onset of the virus. In fact, ONS data showed inflation overall fell between March and December.

The analysis set out above has not taken into account any additional costs caused by Covid-19. Where individuals can show they have exceptional additional needs, it will be open to them to apply for additional funds in the normal way provided they submit supporting evidence.

Conclusion

Our assessment of the overall cost of meeting essential living needs is therefore set out in the table below:

Table 1: Make up of the section 95 cash allowance for a single able-bodied adult:

Categories of “need”	ONS Expenditure data from 2018/19 (adjusted for single person)	After Home Office adjustment and inflation
Food and non-alcoholic drinks	£25.23	£25.23
Takeaways adjustment		£1.26
Subtotal		£26.49
Toiletries/Healthcare/Household cleaning items	Not applicable – based on Market Research from 2019	£1.52
Clothing and footwear	Not applicable – based on Market Research from 2019	£2.90
Travel	Not applicable – based on Market Research from 2019	£4.50
Communications	Not applicable – based on Market Research from 2019	£3.52
Subtotal		£12.44
Total		£38.93.
Total - Adjusted for inflation since the data was collected - CPI as at February 2020 (1.7%)		£39.60

Families

The needs of children are not identical to adults and the methodology recognises it is possible to envisage some circumstances where meeting the particular need of a child requires greater expenditure of cash than would be required for an adult (for example because children may need to replace clothes more often as they are growing).

The costs of a range of clothes for children of different age groups was researched in 2019 and, as has been found in past years, these are broadly similar to the costs for adults – though differing slightly in some cases.

It is not, however, considered that extra provision (i.e. over and above the standard rate given to an adult asylum seeker) needs to be made to account for children’s clothing, as any additional cost is more than offset by other factors.

In particular, many essential requirements for adults (for example the need to communicate with friends and families overseas) clearly do not apply in equal measure to their children, particularly if they are very young.

Crucially, the evidence from the ONS data shows that expenditure per-head on food and other items reduces considerably in multi-person households, including those with

children.

Continuing to apply the flat rate system (i.e. the assessed cost of a single adult being also provided to any dependant in the household) therefore ensures all family groups, no matter their size or composition, have sufficient funds to cover their needs.

2020 evaluation of the cost of meeting essential living needs

The exceptional increase in the weekly allowance for asylum seekers implemented in June 2020, from £37.75 to £39.60 per person, was subject to further work for the full review to verify that £39.60 was the appropriate rate.

This section of this report sets out the findings of our 2020 review. Having completed this using the standard approach which involves assessing actual costs of meeting needs considered as essential; this shows only a further small adjustment is necessary, as the precise costings work out very marginally higher at £39.63.

As a result, the formalisation of the uplift in the standard asylum support cash allowance from £37.75 to £39.63, is being implemented through an amendment to the Asylum Support Regulations took effect from 22 February 2021.

Consultation

As part of the usual review process, submissions were invited from members of the National Asylum Stakeholder Forum.

23 responses were received from DASH, LINK - Merseyside, Family Refugee Support Project, Central England Law Centre, Manchester City of Sanctuary, Coventry Refugee and Migrant Centre, Refugee and Asylum Seeker Voice, Govan Community Project, Refugee Action, Helen Bamber Foundation, Voices in Exile, Welsh Refugee Council, Housing4All, Asylum Support Appeals Project, Brushstrokes Community Project, Doctors of the World UK, Law Centre (Northern Ireland), British Red Cross, National Aids Trust, Equality and Human Rights Commission, The Children's Society, Asylum Matters, Leeds Asylum Seekers Support Network, BEACON, Refugee Council, PAFRAS-Positive Action for Refugees and Asylum Seekers, and Freedom from Torture, :

The majority of the responses argued for:

- a. the subsistence allowance to be no less than 70% of the allowances provided by the Department of Work and Pensions under the mainstream benefits system;
- b. a reversal of the 2015 rate changes; and
- c. for travel and communications to be treated as essential living needs in and of themselves.

Slightly more detailed submissions were received from the Refugee Council, which stated that they:

- agree the allowances for asylum seekers and failed asylum seekers should be aligned at not less than the current level being provided to asylum seekers (£37.75 per week).
- believe the levels of the allowances should be not less than 70% of the DWP's Income Support rate (already addressed above);
- do not believe the lowest 10% in the ONS data is an adequate benchmark for essential living needs (*Comment: they do not suggest an alternative and the methodology has been considered rational and sound by the courts*)
- suggest the maternity grants be raised to the same level as Sure Start grant for UK residents - £500 (*Comment: Sure Start grants are paid only for the first child, whilst supported asylum seekers and failed asylum seekers receive the £300/£250 maternity grants for each child that they have and they are also provided with items in their accommodation that the Sure Start grant would be expected to cover*); and

nDuring September 2020, Asylum Matters submitted the results of a snapshot survey they ran for a two-week period in July and August 2020. Asylum Matters received 184 responses to their survey. Of these 108 responses were from individual with children, of whom 37 had babies in their households, and 76 were from single adults. The survey asked the individuals if they agreed the various amounts the Home Office sets aside for food and other items are enough. Across all questions, the majority of respondents said they either could not afford, or were only sometimes able to afford, basic essentials such as food, medicines, toiletries, cleaning products, clothes, travel, phone data, and items to support their children's development. In the majority of these categories, around 10-20% of respondents were confident that they could regularly afford these necessities.

Based on results of the survey, Asylum Matters recommended that:

- the asylum support rates should be further increased (from £39.60);
- the asylum support rates should be set at least at 70% of mainstream welfare benefits;
- asylum seekers should have the right to work after six months of waiting for a decision on their asylum claim, unconstrained by the Shortage Occupation List; and
- asylum seeking households should also be given the same £20 per week provided by the DWP to UK households on Universal Credit.

The matter of alignment of the asylum support allowances with DWP benefits has been addressed by the courts. DWP benefits are not set according to the "essential living needs" test and are generally required to cover a broader range of costs, including paying for utilities and travel and other expenses incurred in looking for work.

In the rare case where a person on universal credit is receiving free utilities as part of their rental agreement, DWP deducts £24.53 from their payments (this being the amount assessed as the value of the provision). If £24.53 is therefore added to the £39.63 rate, this brings the value of the asylum support provision (£64.16) to around 86% of the current standard level of universal credit payment (£74.35). If the enhanced level of universal credit (£94.35) currently being provided until March 2021 is used, the value of the asylum support rate is 68% of universal credit.

A “like for like” comparison already therefore shows that asylum support is around 70% of the level of universal credit, or more if the temporary Covid payment is excluded.

Assessment of the individual needs

Our findings in respect to the analysis of the amounts required to cover each identified essential need are set out below.

Food and non-alcoholic drinks

As set out in the previous section on the Provisional 2020 Evaluation, we have followed the practice of previous years and accepted the ONS level of expenditure on food is at the right level to cover the essential need (to purchase sufficient food to live healthily). There is no evidence the dietary needs of able-bodied asylum seekers are greater or less than the population at large. The ONS data amount show the basic amount for this need is currently £25.23. This data is taken from table A6⁷ in the survey. As data on the expenditure for the lowest 10% of households is based on a household of 1.3 persons, the figure given for food in data table A6 is adjusted by dividing the figure by 1.3 to arrive at the level indicative of the expenditure of single person.

The ONS data records expenditure on takeaways separately from shop bought food/drink. Whilst we do not consider this expenditure to be essential, some adjustment is needed to other food expenditure, as without takeaways expenditure on food would be higher. We have added £1.26 to take account of one takeaway meal per week (calculated as follows: 1/20 of £25.23) to allow for additional shop bought food to be acquired to cover the extra meal. This approach is used every year.

We assess that around £26.49 remains sufficient to cover the average weekly dietary needs of an adult asylum seeker.

Toiletries, Laundry items and non-prescription medicines

ONS data is no longer used to calculate this cost as in previous years our research has consistently shown that cost of the essential need is lower.

In addition, since September 2019, with the change in the accommodation contracts, household cleaning items are now provided by the accommodation providers in Houses of

⁷ Table A6 at:

<https://www.ons.gov.uk/peoplepopulationandcommunity/personalandhouseholdfinances/expenditure/datasets/familyspendingworkbook1detailedexpenditureandtrends>

Multiple Occupancy (HMOs) which is the general accommodation provided for single adults.

As a result, the market research that looks at the needs of a single adult does not include household cleaning materials, but continues to include laundry items and toilet paper. Our market research in 2020 costing the basic annual costs for items we considered essential showed an annual cost of £76.29, a weekly cost of £1.47 (see Annex H).

Clothing

ONS data is not used to calculate this cost. Extensive research has been conducted into the costs of a set quantity of essential clothing in both retail and charity outlets. This shows that £3.01 per week is sufficient to purchase and/or maintain a reasonable wardrobe of essential clothes. (see Annex J).

ONS data is not used as the survey data is likely to include items that may be considered non-essential.

Travel and Communication

We continue to consider that travel and communication are not essential needs in themselves, but accept that they may be necessary in limited circumstances to enable other needs to be met, including those related to maintaining interpersonal relationships and a minimum level of participation in social, cultural and religious life⁸. ONS data is not used to calculate this cost.

Participation in activities associated with interpersonal relationships and social, cultural and religious life, do not always incur a cost. Asylum seekers are in the main accommodated in urban centres where churches, mosques and other religious establishments are within walking distance. Also, many recreational and cultural activities are free (for example community centres and museums).

We nonetheless accept it is reasonable to make some allowance for travel in the overall cash allowance provided to asylum seekers to meet these and other occasional incidental travel needs.

Home Office research was undertaken in 2020 into the costs of transport in around 25 of the towns and cities around the UK where asylum seekers are provided with accommodation and support. Research concluded that **£4.70** per week would generally

⁸ Discussion on travel, communications and the maintenance of interpersonal relationships and a minimum level of participation in social, cultural and religious life is set out in paragraphs 104 to 110 and 113 to 116 of Justice Poplewell's judgment in the Refugee Action case.

cover the cost of at least one weekly return journey in most UK cities and towns across the UK and that this was sufficient to meet the particular needs of asylum seekers. The full analysis of the research can be found at Annex K.

The costs of travel for purposes unique to asylum seekers are covered through separate arrangements. Travel to legal appointments is met through legal aid and travel costs to reporting events, asylum interviews and appeal hearings are paid separately.

In respect to communication, the “essential need” is to have the possibility of accessing the means to communicate⁹ and there are various ways of doing so, including by telephone (local, international, mobile, landline or SMS), internet (free access to the internet is available at libraries, enabling email and Skype facilities), or by post or fax.

ONS data is not used to calculate this cost. Home Office Market research for 2020 confirmed an allowance of £3.56 per week is a reasonable figure, made up as follows:

	Annually
Paper / pens x 4	£10
A basic phone	£14.99
A Sim	free
12 x £10 top ups	£120
Int'l calls @ £10 a quarter	£40
Annual total	£185.98
Weekly total:	£3.56

The full research can be found at Annex L.

Conclusion

Our assessment of the overall cost of meeting essential living needs is therefore set out in table 2 below:

Table 2: Make up of the section 95 cash allowance for a single able-bodied adult:

Categories of “need”	ONS Expenditure data from 2018/19 (adjusted for single person)	After Home Office adjustment and inflation
Food and non-alcoholic drinks	£25.23	£25.23
Takeaways adjustment		£1.26
Subtotal		£26.49

⁹ See article 14(2)(b) of the EU Reception Condition Directive 2003/9/EC at <http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2003:031:0018:0025:EN:PDF>

Adjusted for inflation since the data was collected - CPI as at March 2020 (1.5%)		£26.89
Toiletries	Not applicable – based on 2020 Market Research	£0.69
Non-prescription medicines	Not applicable – based on 2020 Market Research	£0.35
Laundry/toilet paper	Not applicable – based on 2020 Market Research	£0.43
Clothing and footwear	Not applicable – based on 2020 Market Research	£3.01
Travel	Not applicable – based on 2020 Market Research	£4.70
Communications	Not applicable – based on 2020 Market Research	£3.56
Subtotal		£12.74
Total		£39.63

Families

Market research shows the costs of meeting some of the needs of children are sometimes different to the costs to an adult of meeting the same needs.

- Clothing (adults – £3.01, infants - £2.75, young children - £4.13 and teenagers - £4.83. The latter two figures include funding for school uniform) – See Annex N.
- toiletries/household cleaning/laundry items/non-prescription medication (values for adults/teenagers - £1.65 and infants/children - £2) – see Annex M,
- travel (values for adults/teenagers - £4.70, children - £2.35 and infants - nil).
- Communication (values – adults/children/teenagers - £3.56 each, infants nil).

Additionally, a family group is less likely to be accommodated in an HMO, so will need to spend small amounts on household cleaning stuffs, as these items are not provided by the accommodation providers.

Overall, however, it is clear any extra costs in some households of meeting particular needs (e.g. clothes for teenagers) are comfortably offset by the availability of economies of scale that mean other costs per person in the household fall.

This is most clearly shown by ONS data on food expenditure. In multi-person households with children, average expenditure per person is £20.58 per week across all income groups and £16.45 in the bottom 20% income group. In single person households, expenditure is much higher even in the bottom 10% income group at £25.23.

The cost of some of the other needs that are considered essential are also likely to decline per person as they can be shared (e.g. toiletries and household cleaning products).

Applying a flat rate of £39.63 per person in a household therefore means that all families, regardless of their size and composition, will have sufficient to cover their full essential living needs.

2019 Background research

Annex A: Cost of toiletries, non-prescription medication and household cleaning items

Annex B: Adult Clothing

Annex C: Travel

Annex D: Communications

Annex E: Children's toiletries, non-prescription medication and household cleaning items

Annex F: Children's Clothing

Annex G: Research on nappies and formula milk

Annex A: Cost of toiletries, non-prescription medication and household cleaning items

	Results of 2019 research			
Essential Toiletries:	2019 prices	Multiplier	total p.a.	Outlet
Toothpaste x 4	£1.00	4 x 100ml	£4.00	7/8 outlets: x1 for £1 or less.
Toothbrushes x 4	£1.00	1-4 brushes	£2.00	5/8 outlets: x2 for £1 or less.
Soap x4	£1.05	4x100g bars	£1.05	Superdrug/Boots/Lidl
Shower gel x 4	£1.00	4 x 500ml	£4.00	5/8 outlets: 500ml x £1 or less
Shampoo x 4	£1.00	4x 500ml	£4.00	5/8 outlets: 500ml x £1 or less
Feminine hygiene items x 13 packs	£0.49 - £1	13 packs	£6.37-£13	all outlets provided hygiene items for under £1 pack
Male shaving items (disposable razors (R) x 52 and shaving soap (S) x 4)	Rx10:59p-£1 Sx200-250ml: 79p-£1	R x 6 S x 4	£7.66-£10	6/8 outlets: 10-12 R & 200-250ml S for £1 or less each
Deodorant (roll on/spray) x 6	75p-£1	x6	£4.50-£6	
Subtotals:	Men: £27.21 - £31.05 Women: £25.92 - £34.05			
Essential cleaning stuffs:				
Bleach x 4	750ml:36p-55p	4 x 750ml	£2.20	Poundstretchers/Lidl/Tesco/Coop
Cleaning fluid (Cif or equiv.) x 4	500ml: £1	4 x 500ml	£4.00	5/5 researched: 500ml x £1 or less
Washing up liquid x 4 @ 500ml	1l: £1	x2	£2.00	5/5 researched: 500ml x £1 or less, 3/5: 1l x£1
Toilet roll - 52 rolls	£1.00	9x6 rolls	£9.00	PoundLand(Lidl/sainsburys: cheapest own brands: x4/6-£1-£1.99)
Washing powder / Gel / Liquid etc. (5 washes every fortnight (wash packs x 13)	£1.00	x10	£10.00	Poundland: x13-16 washes=£1 Lidl: x24/25 washes =£1.99
Subtotal = £27.20				
Essential generic non-prescription medication:				
Headaches - 2 x 3 pks x 16 tablets each of Paracetamol (P) and Ibuprofen (I)	P - 24p - 50p I - 32p - 55p	P - 16 x 3 I - 16 x 3	£2.42	8/8/ outlets researched - avg used (£1.68+£3.15)/2=£2.42]
Indigestion - up to 100 tablets	£2.99	pack of 96 tablets	£2.99	Superdrug (x96, £2.99) /Lidl (x48, £1.29)
cold remedies:				
2 x cough linctus	200ml: 85p-£1.99	200ml x2	£2.84	Boots(£1.99)/Poundland(£1) / Poundstretcher(85p)/Tesco (£1.50) [(85p+1.99)/2=£1.42]

2 boxes of hot drink sachets - 5 sachets each	10 sachets: £1.49-£2.50	1 sachets	£4.00	Boots(x10,£1.99)/Poundland (x5, £1)/ Lidl (x10, £1.49)/Tesco (£2.05) / Coop (x10, £2.50) [(1.49+2.50)/2=£2]
Pack of 2 nasal inhalers	£3.00	1 pack	£3.00	Superdrug
2 boxes of decongestant/cold&flu capsules (Beachams/Lemsip)	69p - £1.49	x2	£2.30	Boots(£1.49)/Poundland(£1) / Poundstretchers(69p)/Lidl (£1.29)/Tesco (80p) [(1.49+0.80)/2=£1.15]
Subtotal	Subtotal = £17.55			
(Anything other than this should be provided via GP on free prescriptions).				
Grand Totals	Grand Total (men) - £71.96 - £75.80 Grand Total (women) - £70.67 - £78.80			

Background Research

- Instore research done in Superdrug/Coop 30/7/19
- Online research done on Boots site on 30/07/19 (* Boots Everyday low price)
- Instore research done in Poundland, Poundstretchers, Lidl & Sainsbury's on 10/8/19
- Instore research done in Tesco 15/7/19
- Unless stated otherwise for Boots/Superdrug/Lidl/Sainsburys/Tesco's/Co-op, items are their own branded goods

items	description	Superdrug	Boots	PoundLand	Poundstretchers	Lidl	sainsburys	tesco's	co-op
Toiletries									
Toothpaste		SD PROcare; 75ml, £1.99	SMILE: 100ml, £1	Wisdom / colgate / aquafresh, 75-200ml, £1	Various branded goods, 50/75/125ml, 45p/£1/£1.49	Dentalux, 125ml, 59p	Aquafresh / Colgate, 75ml, 80p	100ml - 50p	Brands, 75-100ml, £1 - £1.20
Toothbrushes		Pack of 2 £1	Boots Smile x1 - 85p - £1; x2 - £1.50	Branded, x1/2/3 - £1 unbranded, x5 £1	x1, 90p	Dentalux, x2, 79p	x4, £1	x1 - 25p	x1, £1
Soap/shower gel	bars of soap / shower / bath gel / cream	<u>Soap:</u> Brands - 4x100g - £1.05 <u>Shower gel:</u> SD; 250ml £1	<u>Soap:</u> Dove;2x100g £1.60 Simple;2x125g, £1.35 Boots essentials; 4x100g, £1 <u>Shower gel:</u> Boots shower cream 500ml: £0.59 Zingy range: 250ml, 75p* Branded deals: around £1- £2* Radox: 250ml - £1	<u>Soap</u> Dove, 2x100g, £1 <u>Shower gel:</u> variety of branded goods, for men&women, 250ml, £1	<u>Soap</u> Dove, 2x100g, 90p <u>Shower gel:</u> variety of branded goods, 500ml - 1l, 60p - £1	<u>Soap:</u> Cien 4x125g - 59p <u>Shower gel:</u> Cien, 250ml, 55p Cien, shower gel/shampoo for men, 300ml, 55p	<u>Soap:</u> 4x125g - £1,30 <u>Shower gel:</u> 250ml, 60p - 80p <u>Bath cream/gel,</u> 500ml, 70p	<u>Soap:</u> 4x125g - £1.20 <u>Shower gel:</u> Essentials, 250ml, 28p other Tesco ranges 250-500ml, 70p-90p	<u>Soap:</u> 2x100g - £1 <u>Shower gel:</u> 500ml, £1

items	description	Superdrug	Boots	PoundLand	Poundstretchers	Lidl	sainsburys	tesco's	co-op
Shampoo		SD 500ml - £1 Range of branded goods: up to 400ml, under £2	Boots fresh & crisp 500ml: £0.75 Anti-dandruff range: 300ml, £2.50 Expert range: 250ml, £4 Branded deals: £2.50-£3.00	Various branded good, for men&women, 200ml - 500ml, £1	Various branded goods, 250ml - 500ml, 90p - £1.39	Cien, 1l, £2.19	Anti-dandruff, 300ml, £1 general, 750ml, £1	Dandruff, 300ml, £1 Essentials, 750ml, 50p	400ml, £1
Conditioner (for information only)			Anti-dandruff range: 300ml, £2.50 Alberto Balsam 350ml: £1.00 Expert range: 200ml, £4 Range of branded deals: £2.50-£3.00	Various branded good, for men&women, 200ml - 500ml, £1	Various branded goods, 200ml - 400ml, 69p - £1	Cien, 1l, £2.19	n/a	Essentials, 500ml, 80p	400ml, £1
products for black hair (for information only)			ORS Olive Oil range: Shampoo - 370ml, £3.49 Conditioner: 251ml, £4.19 Palmers Olive oil: shampoo 400ml - £3.99 (promotion £2.66) conditioner, 250ml, £1.99/2.09 (promotion £1.33/1.39)	n/a	n/a	N/A		N/A	N/A

items	descriptions	Superdrug	Boots	PoundLand	Poundstretchers	Lidl	Sainsburys	Tesco's	co-op
Feminine hygiene items	tampons / towels / pantyliners	<u>Tampons:</u> SD (w/applicator); x12-30, 99p <u>Towel:</u> SD: x10-16, normal thru to night, 79p-89p <u>Pantyliners</u> : SD; x20-28, 89p x50 - 99p	<u>Tampons:</u> Boots Liberele: w/applicator: x20-£1.10 (x2-£2) w/o: x20-24 - £1.10 (x2- £2) <u>Towel:</u> Boots Liberele: x10 - 75p; x12-14 - 75p; x24- £1.40 <u>Pantyliners:</u> Boots Liberele:x20-30, 80p-£1 <u>Carefree:</u> x20 - £1.00 Always dailies: x20 - £1.00	<u>Tampons:</u> Tampax x8, £1 <u>Towel:</u> Bodyform / Always, x8/10/12/14, £1 Kotex, x10 (night), x16 (day), £1 <u>Pantyliners:</u> Always, x20, £1 <u>Incontinence:</u> x6/8/10/12, £2	<u>Tampons:</u> Tampax x8, 90p <u>Towel:</u> bodyform, x14, 85p Always, x10, 95p Kotex, x16, 95p <u>Pantyliners:</u> Bodyform, x26, 85p <u>Incontinence:</u> Tena, x8, 95p	<u>Tampons:</u> x20, 69p; <u>Towel:</u> x10/12/14 - 49p <u>Pantyliners:</u> x24/28/32 - 42p <u>Incontinence:</u> x12/14, 89p	<u>Tampons:</u> W/applicator x20, 95p W/o, x32, £1.25 <u>Towel:</u> x8/12 - £1.50 <u>Pantyliners:</u> x30 - 95p <u>Incontinence:</u> undrwear x10, £6	<u>Tampons:</u> Free Spirit x20, 95p; <u>Towel:</u> essentials, x12/14/16 - 66p, nightx10, 85p <u>Pantyliners:</u> Essentialsx3 0,28p Others, x22/28/32 - 95p <u>Incontinence:</u> Male shields x10 (£3), x14 (£4) Female pads x8/10/12/20 (£1.50)	<u>Tampons:</u> N/A <u>Towel:</u> x10/12/14, 95p <u>Pantyliners:</u> x32, £1.40 <u>Incontinence:</u> Pads x10/12, £1.90
Male shaving items	disposable razors / shaving foam	<u>Razors:</u> BIC; 10s, £1.45 SD; 10s 75p <u>S/Foam:</u> SD 250ml 95p <u>S/Gel:</u> SD; 200ml, £1.45	<u>Razors:</u> Boots: 10s, 75p <u>S/Foam:</u> N/A <u>S/Gel:</u> Boots essentials range: 250ml, £1	<u>Razors:</u> Bic, x6, £1 Energy, x12, £1 <u>S/Foam:</u> Gillette, 200ml, £1 Tru, 200ml, £1 <u>S/Gel:</u> Gillette, 75ml, £1 Tru, 200ml, £1	<u>Razors:</u> N/A <u>S/Foam:</u> N/A <u>S/Gel:</u> Gillette, 200ml, 95p	<u>Razors:</u> Cien x12, 95p <u>S/Foam:</u> N/A <u>S/Gel:</u> Cien, 200ml, 59p	<u>Razors:</u> Wilkinson Sword, x10, £2 <u>S/Foam:</u> Gillette, 200ml, £1 <u>S/Gel:</u> 200ml, £2	<u>Razors:</u> Essentials x5 - 30p Xpert x10 - £1 <u>S/Foam:</u> Essentials, 250ml, 70p Xpert, 250ml, £1 <u>S/Gel:</u> Xpert, 250ml, £1	N/A

items	descriptions	Superdrug	Boots	PoundLand	Poundstretchers	Lidl	Sainsburys	Tesco's	co-op
Deodorant	spray or roll-on	<u>Spray</u> : SD; 250ml, £1.29 brands - 150-250 - £2.29-£3 <u>Roll-on</u> : SD: 50ml, 79p	<u>Spray</u> : Boots: 200ml, (w)75p* (m)£1 <u>Roll-on</u> : Boots; 50ml, 75p* Everyday low prices/deals on some brands - £2 or less	<u>Spray</u> : various brands men&women, 150ml, £1 <u>Roll-on/stick</u> : various brands men&women, 50ml, £1	<u>Spray</u> : men -n/a women: sft& gentle, 150ml, £1 <u>Roll-on</u> : N/A	<u>Spray</u> : Cien men -150ml, 39p women, 250ml, 69p <u>Roll-on</u> : Cien Men & Women, 50ml, 45p	<u>Spray</u> : men&women, 250ml, £1 <u>Roll-on</u> : N/A	<u>Spray</u> : men & women, 250ml, £1 <u>Roll-on</u> : Essentials (w), 50ml, 60p Xpert (m), 50ml, 70p	<u>Spray</u> : men & women, 250ml, £1.30 <u>Roll-on</u> - N/A
cleaning stuff									
Bleach		N/A	N/A	Domestos. 750ml, £1 Easy, 1l x2, £1	Domestos, 1l, £1 Clean&Fresh, 750ml, 36p	W5, 750ml, 45p, 2l, 95p	n/a	750ml - 45p (x3, £1.20)	750ml - 55p
Cleaning fluid (Cif or equivalent)		N/A	N/A	cif, 500ml, £1 other cleaners, 500ml - 1l, £1	Cif, 500ml, 95p	W5, 1l all purpose cleaner, 85p	n/a	500ml - 80p 1litre - £1	500ml, £1
Washing up liquid		N/A	N/A	Fairy, 383ml - 520ml, £1 Easy, 500ml x2, £1 Morning Fresh, 675ml, £1	Persil, 500ml, 69p Clean&Fresh, 500ml, 49p	W5, 500ml, 49p		450ml - 50p - 70p 740ml - 80p	450ml - 79p, x2, £1.30
Toilet roll		SD 9 rolls £2.50	boots x4 rolls - £1.80	Quantum, x6, £1, x9, £2, x24, £5	Andrex x4, £1.99 Velvet, x18, £6.49	x6 (400 sheet rolls), £1.99	x4 (440 sheets, p/roll), £1 x9, £3.30, x16, £5.25	x9 - £2.10	x4, £2.10 x9, £3.55

items	descriptions	Superdrug	Boots	PoundLand	Poundstretchers	Lidl	Sainsburys	Tesco's	co-op
Washing powder		N/A	N/A	<u>Powder</u> surf, x7/40, £1/£5 unbranded x13, £1 Easy,x16, £1 Gel - x16, £1 <u>Liquid</u> Surf, x47, £5 unbranded, x33, £1 <u>Capsules</u> Fairy x25, £5	<u>Powder</u> surf, x10, £1.99 Persil, x10, £1.59 Gel - N/A <u>Liquid</u> Surf, x24, £2.69 <u>Capsules</u> Surf, x10, £1.99	Formil: <u>Powder</u> x25/65 washes - £1.99/£4.99 <u>Gel</u> x24,£1.99 <u>Liquid</u> x25/50, £1.79/£2.99 <u>Capsules</u> x20, £2.79	<u>Powder</u> x20 washes - £2.50 <u>Liquid</u> x32, £3 <u>Capsules</u> x20, £3.50	<u>Powder</u> x25/40 washes - £2.50/£4 Gel x18 -£2 <u>Liquid</u> x24/38 - £2.25/£3.25 <u>Capsules</u> x16/20/36 - £2.75/£2.85/ £5	<u>Powder</u> x10/20 washes - £1.40/£2.90 <u>Liquid</u> x32 - £3.20 <u>Tab</u> s: x24, £2.30
non-prescription medication									
Headache tablets		SD Paracetemol x16 - 45p Alexander's x 16 - 24p SD Ibuprofen x16 - 99p Bell's x16 - 35p	Boots Value health brand: Paracetamol x16s: 39p Ibuprofen x16s: 45p	Paracetamol tablets, 3x pack of 16 - £1 Ibuprofen, 3 x pack of 16 - £1	Paracetamol tablets x16s - 29p Ibuprofen x16s - n/a	Optipharm: Paracetamol tablets x16s - £0.25 Ibuprofen x16s - £0.32	Paracetamol tablets x16s - £0.50 Ibuprofen x16s - £0.55	Paracetamol tablets x16s - £0.40 Ibuprofen x16s - £0.45	Paracetamol tablets x16s - £0.45/£0.49 Ibuprofen x16s - £0.44

items	descriptions	Superdrug	Boots	PoundLand	Poundstretchers	Lidl	Sainsburys	Tesco's	co-op
Indigestion tablets		SD: x96, £2.99	Boots own x24 for £1.79	Rennies, x12, £1	Rennies, x24, £1.49	Optipharm: x48, £1.29	Empharma, x12, £1.50	x48 for £2.25	Renniesx24, £2.40
Cold remedies	Cough linctus / hot drinks / nasal decongestants	<u>Cough linctus/syrup:</u> SD, 200ml, £3.89 <u>Cold relief sachets:SD</u> £2.79 <u>Decongestant capsules:</u> N/A <u>Inhalers:</u> £3 for a two pack: Vicks	<u>Cough linctus/syrup:</u> Glycerin & Blackcurrant or honey& lemon, 200ml, £1.99 Covonia Chesty Cough, 50ml: £1.69 <u>Cold relief sachets:</u> Boots Effervescent Powder x10 sachets: £1.99 Boots Max strength cold & flu lemon, x10 sachets: £2.99 <u>Decongestant capsules:</u> Boots decongestant tablets; x12, £3.55 Boots cold & flu relief capsules x16: £1.49 <u>Inhalers:</u> Boots blocked nose relief, 22ml, £2.99 Boots saline nose spray, 15ml, £2.39 Olbas: x1, £3.80 vapour rub, 50gm, £1.99	<u>Cough linctus/syrup:</u> Bell's, 100ml (mucous cough), £1, 200ml, £1 <u>Cold relief sachets:</u> Lmsio x5, £1 <u>Decongestant capsules:</u> Beachams/Le msip/ Galpharm, x8 - 16, £1 <u>Inhalers:</u> Nasal spray, n/a Vapour rub, n/a	<u>Cough linctus/syrup:</u> Bell's various, 200ml - 85p <u>Cold relief sachets:</u> n/a <u>Decongestant capsules:</u> Galpharm, x12, 69p <u>Inhalers:</u> Nasal spray, n/a Vapour rub, n/a	Optipharm: <u>Cold relief sachets:</u> hot drinks x10 - £1.49 <u>Decongestant capsules:</u> x16 capsules, £1.29	n/a	<u>Cough linctus/syrup:</u> 200ml - £1.50 <u>Cold relief sachets:</u> hot drinks x10 - £2.05 <u>Decongestant capsules:</u> x16 capsules, 80p max strengthx16, £1.75 <u>Inhalers:</u> Nasal spray. 15ml, £1.85 Vapour rub, 50g, £1.30	<u>Cough linctus/syrup:</u> 200ml - £1.70-£1.80 <u>Cold relief sachets:</u> hot drinks x10 - £2.50 <u>Decongestant capsules:</u> x16 capsules, £2.20 <u>Inhalers:</u> Olbas oil, x1, £1.80

Annex B: Adult Clothing.

General:

In the 2014 review of payment rates, in addition to the clothes they were wearing, a reasonable basic wardrobe for adult asylum seekers (men or women) for the maintenance of health, decency and cleanliness was taken to consist of the following items:

- 3 pairs of underpants
- 3 pairs of sock/tights
- 2 vests/bras
- 2 tops or shirts
- 2 pairs of trousers or skirts
- 2 cardigans/jumpers/sweatshirts
- A coat
- 2 pairs of shoes

It was later agreed that other items should be added to this basic wardrobe:

- Nightwear; and
- Hat, gloves and scarf

Research has therefore been undertaken at various times into the cost of purchasing the wardrobe at various retail outlets (Matalan, Tesco, and Asda initially and Primark added later).

The research has consistently shown that the costs of the items range quite widely. This is illustrated in the tables below, which represent the result of research undertaken in July 2019.

The retail figures below show that the cost of the clothing items in the stores is slightly lower than last year. Male clothing items are again more expensive than female items; the annual cost of male items being £150.81 (using an average of the middle range costs in the stores), and £145.66 for women. The weekly cost for male clothing is £2.90 and for female clothing is £2.80. The higher of two will be taken and the necessary figure.

Men				
Shops	Primark	Matalan	Tesco	Asda
Underwear				
Pants (x3)	Briefs: £4.50(5) Boxers: £4.50 (3)	Briefs: £6 (3) Boxers: £10 (3)	Briefs: £11 (4) Boxers: £10 (3)	Briefs: £5 (5) Boxers: £7.50 (3)
Socks(x3)	£2 (5)	£3.50 (5)	£5 (5)	£4 (5)
vests (x2)	3pack - £6	2-pack - £6	2-pack - £9	3-pack - £8
Outerwear				
Tops/shirts (x2)	£2 - £10 (1) 2pk short sleeved shirts - £10	£4 - £12 (1)	T-shirt: £5(1) £8(2) Polo: £10(1) £16(2) Shirt/L/S top - £8- £10(1)	T-Shirts: 2 for £5 Shirts: 2 for £14 Polo shirts: 2 for £8
Trousers (x2)	£5 - £14(1)	£9- £18 (1)	£10-£20 (1)	£10 - £14 (1)
Sweatshirts / jumpers / cardigans (x2)	£8 - £10(1)	£10 - £12 (1)	£14(1)	£10 - £12 (1)
Coat (x1)	£12 - £15(1)	£18 - £28 (1)	£14(1)	£18 - £35 (1)
Shoes (x2)	£7 - £16 (1)	£10- £20 (1)	£12 - £25(1)	£10 - £20 (1)
Nightwear (1) (pyjama sets - short/long sleeve/leg)	£9 – shorts £11-£14 – long (1)	£9 (shorts) – £15 (long) (1)	£10 (shorts) – £12.50 (long) (1)	£10 (shorts) – £12.50 (long) (1)
Hat (1)	£2.50-£3(1)	£3 - £5 (1)	£5 (1)	£3 (1)
Gloves (1)	£2.50 - £3 (1)	£5 (1)	£5 (1)	£3.50 (1)
Scarf (1)	£5 (1)	£6 (1)	£5 (1)	£5 (1)
Range totals	£89.50 - £142.50	£122 - £202.50	£143 - £200.50	£121.50 - £184.50
Middle ground	£116	£162.50	£171.75	£153

Women				
Shops	Primark	Matalan	Tesco	Asda
Underwear				
Pants (x3)	£3.50(4)	£5 (5)	£4.50 (4)	£4.50 (4)
Socks (x3), or tights (x3)	Socks: £1.80(5) Tights: £3 (5)	£2.50 - £4 (5)	Socks: £5 (5) Tights: £4 (5)	£3.50 Socks x3; tights x5
Bras (x2)	£2-£6 each 3pk - £8	£6- £7 each 2-pack: £8	£7-10 each 2-pack - £12	£4 - £6 each 2-pack: £8
Outerwear				
Tops/shirts (x2)	£2.50 - £10 (1)	£6 - £12.50 (1)	£4 - £12.50(1)	£4 - £12.50 (1)
Trousers/skirts(x2)	£4.50 - £12 (1)	£12 - £16 (1)	£6-£14(1)	£6 - 12.50 (1)
Sweatshirts / jumpers / cardigans (x2)	£5.50 - £10 (1)	£10 - £16 (1)	£12.50-£18 (1)	£8 - £10 (1)
Coat (x1)	£9 - £25(1)	£20 - £30 (1)	£30 (1)	£22-26 (1)
Shoes (x2)	£3.50 - £14 (1)	£8 - £14 (1)	£8-£18 (1)	£6 - £15 (1)
Nightwear (1) (pyjama/lounge wear sets-short/long sleeve/leg)	£5.50 - £10 (1)	£7- £10 (1)	£8 - £10 (1)	£6 - £10 (1)
Hat (1)	£1.50 - £3 (1)	£6 (1)	£5 (1)	£6 (1)
Gloves (1)	£1 (2)	£3.50(2)	£4 (1)	£3 (2)
Scarf (1)	£4 (1)	£6 - £8(1)	£5 (1)	£9 (1)
Range totals	£62.30 - £149.50	£130 - £197.50	£133.50 - £208.50	£110 - £174

Costs at Charity Stores

The shops are dependent on donations given by the public, so availability of garments will always be an issue. The research was conducted in July 2019, but on the days of the survey, there appeared to be a good mix of clothing of various sizes, weights (both light and heavy) for both men and women in the shops.

The following items are considered to be acceptable to be sourced from charity shops to supplement/provide an outdoor wardrobe for men or women.

- A coat or jacket (Showerproof/winterweight)
- Top or shirt
- Pair of trouser, jeans, or a skirt
- Cardigans, jumpers, or hoodie

The TSA in particular advised that they also have a range of night- and underwear for £1-£3 and in Autumn/Winter have hats, gloves and scarves available (all new purchased stock) for £1 - £3.

The results of the most recent survey are set out in the tables below. The average mid-range cost of purchasing the items is £19.28 for a woman (using an average of the middle range costs in the stores) and £21.20 for a man. The research shows that asylum seekers should be able to reduce the costs of meeting their clothing needs considerably by using charity shops.

Women's Clothing (2019 figures):

SHOPS	TSA	MIND	RSCPA	SCOPE	SCH
Coat / Jacket	£7	£3.50 - £7.50	£4.50 - £15	£5 - £8	£3.50 - £6.50
Trousers / jean / skirt	£5	£2 - £5	£2.75 - £10	£3 - £5	£3.50 - £6
Top	£3 - £4	£2 - £4.50	£2 - £5.50	£3 - £5	£1.25 - £6
Cardigan	£4	£3 - £5.50	£3.50 - £6	£3 - £4.50	£1.75 - £6
Ranges	£19 - £20	£11 - £22.50	£12.75 - £36.50	£14 - £22.50	£10 - £24.50
Middle Ground	£19.50	£16.75	£24.63	£18.25	£17.25

Men's Clothing (2019 figures):

SHOPS	TSA	MIND	RSCPA	SCOPE	SCH
Coat / Jacket	£7	£3.50 - £7.50	£4.50 - £15	£4 - £8	£9.50 - £15
Trousers / jean /	£5	£2 - £5	£3 - £10	£4 - £5	£3 - £7.50
Top	£3 - £5	£2 - £4.50	£3 - £6.50	£3 - £4.50	£2.50 - £5.50
Jumper	£4	£3 - £5.50	£3.50 - £6.75	£3 - £4.50	£2.25 - £5.50
Ranges	£19 - £21	£10.50 - £22.50	£14 - £38.25	£14 - £22	£17.25 - £33.50
Middle Ground	£20	£16.50	£26.13	£18	£25.38

Annex C: Travel

General

A large number of supported asylum seekers are housed in various towns & cities in the UK. In June/July 2019, research was undertaken into the cost of travel and availability of concessions in 24 of these cities.

Analysis of the results of this research is contained in the first table. The second table contains the results of the research itself.

Conclusions

- As at December 2018, around 70% of the supported asylum seeker population lived in the 24 towns/cities covered.
- It is possible to obtain a multiple journey (MJ) ticket for £4.50 or less in around 80% of the towns/cities. Where there are no MJ tickets, a return journey can be accessed using two singles or a return for £4.50 or less. This provides the possibility of a return journey for £4.50 or less in 92% of the towns/cities. This may be higher as the final 8% are town/cities where the travel companies do not advertise the costs of singles or returns on their websites
- In towns/cities in England, those who are registered disabled and/or of pension age may qualify for free off peak travel on local buses with a national concessionary card. This may depend upon residence in the area.
- In Scotland, Wales and Northern Ireland, this generally applies to those 60+, though there may be local differences regarding age and residence qualification.
- Across the UK, those aged 5 years and under travel for free on local buses.
- Concessions exist for those aged 6-16 or 18, or for those undertaking studies, dependent upon the locality, involving either free travel or cut price child fares.

Research conducted in June/July 2019

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Scotland						
Glasgow	4056	SPT, First and some independent operators, run the subway and bus services in Glasgow and the local area. Single subway fare: Adult - £1.75 Child - 80p First Bus service fare: £1.65 for a single journey.	Return subway fare: Adult - £3.30 Child - £1.55 Subway fares are less if bought using smart cards. Returns can be obtained on buses, but no Information available online	One day cards for Unlimited subway in Glasgow Local: Adult:£4.20 Child: £2.10 First one day Bus ticket: Adult £4.60 Child £2 Family £9-£11 (2+2)	<5years free. 6-15years - child fares <u>Young Scot card</u> : 16-18 (and those aged 19-25 if full time volunteer) can use card to get 1/3 (or more) off bus and rail fares. <u>Unirider</u> - the flexible student bus ticket for those studying at Colleges and Universities. <u>National Entitlement Card</u> : Eligible if live in Scotland and are disabled and those 60+. Free bus travel in Scotland and concession fares on the subway and rail. The latter is at most half the standard fare. Consultation led to free bus travel for companions of eligible disabled children under age 5.	16+

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Northern Ireland						
Belfast	897	<p>Full single fares in Belfast range from £1.60 - £2.50 dependent upon length of journey. For children the range is 60p - £1.20.</p> <p>This can be reduced by about a third by buying via multi-journey (5/10/20/30/40) smartlink card (the card is free).</p> <p>Adult range: £1.20-£1.70 Child range: £0.60-£0.85</p>	Can be obtained on buses, but no Information available online	N/A	<p><5 travel free</p> <p><u>yLink card</u>: 16 - 23. A third off bus and rail travel in NI. Card, valid for up to 8 years, costs £8.</p> <p><u>Half fare Smartpass</u> - for the disabled.</p> <p><u>60+ Smartpass</u>: free travel for those aged 60-64 who are permanent residents of NI and have been so for at least 3 months.</p> <p><u>Senior Smartpass</u>: free travel for those aged 65+ who are resident in NI and have been so for at least 3 months.</p>	16+

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Wales						
Cardiff	1336	Within Cardiff adult single fare £2, young person single fare £1.30. Short hop fares valid within the boundaries in the city centre, Canton, Roath, Llanrumney & St. Mellons, cost: Adult: £1.20 YP(5-18yrs): 80p	Can be obtained on buses, but no Information available online	Day to go ticket: Adult: £4 YP(5-18yrs): £2.60	<5 travel free, if accompanied. 6-60 may obtain an "iff card" to obtain cheaper fares. Card free, but replacements may cost £5 <u>Young persons aged 5-15</u> have reduced fares with or w/o iff card. <u>Young persons aged 16-21</u> have reduced fares <u>only</u> with iff card/Travel pass - 1.3 off bus fares. <u>Young Person</u> : 12xsingle tickets for £11; day to go ticket for £2.60. <u>Welsh 60+</u> bus pass (and Scottish/English equivalents) enables free travel on local buses.	on 22nd birthday
Swansea (City)	906	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	Day to go tickets: Swansea city - Adult: £5 YP(5-18yrs): £3.30	<5 travel free, 16-18: 1/3 discount off bus travel with the mytravelpass. The card is free. <u>Welsh 60+</u> bus pass (and Scottish/English equivalents) enables free travel on local buses.	on 19th birthday

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
England						
London	5264	Pay as you go: £1.50 (unlimited travel within 1 hour) with a contactless payment or Oyster card on all buses trams in London.	N/A	Oyster Card daily limit on bus and tram travel - £4.50	Information obtained from Transport for London website: Under 11s - travel free on buses and trams. They do not need an Oyster photocard. 11-15 - Can travel free on buses and trams with an 11-15 Zip Oyster photocard. 16+ - If not eligible for free bus and tram travel, will need a 16+ Zip Oyster photocard to get age 16+ fares or can buy half adult-rate Bus & Tram Passes. 18+ Student - Can apply for an 18+ Student Oyster photocard and can get 30% off 7 Day, Monthly and longer period Bus & Tram Passes. Apprentice - Can apply for an Apprentice Oyster photocard and can get 30% off 7 Day, Monthly and longer period Bus & Tram Passes. Apprentice Oyster photocard/Oyster card needed to use pay as you go and daily capping at adult rate. NB. Zip Oyster photocards subject to an admin charge at time of application.	18years +

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Derby	816	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	Arriva: Adult: £4.50 Child: £3.50	<5 years free 5-14 - child fares Seniors: Holders of National Concessionary Travel Passes (England/Scotland/ Wales): free bus travel.	14+
Nottingham	883	Adult: £2.30 5-19: £1.20 Short Hop: single wholly within 1/11 local zones: £1.40	Inner city return: £2.50	All day: Adult - £4.20 5-19 - £2.50 Group Rider Ticket : up to 5 people £6 after 9:30 (Max 2 adults	Nottingham city Transport: <5 years free 5-19 - reduced child rates Robin Hood smart card provides possibility of lower single fare costs for Adults (£2) & U19 (£1). Seniors: free local off-peak bus travel between 9.30am and 11pm if hold an English National Concessionary Travel Pass.	19+
Leicester	840	First: Adult: from £1.60 5-15: from £1.10	First: 5-15: from £2.70	Arriva Day ticket: Adult: £4.20 Child: £3.50 First Day tickets: Adult: £4.20 Child: £3.70	<5 years free Child rates: Arriva: 5-15. First: 5-15. Seniors - free local off-peak bus travel (9.30am - 11pm) if hold a National Concessionary Travel Pass. Half fare at other times.	16+

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Newcastle	1089	Singles cash fares vary to the length of the journey from Adults: from £0.90 GoNorthEast: U18: £1 flat fare	Can be obtained on buses, but no Information available online	Go North East: Daysaver - £4 Transfare: 1, 2 or 3 zones range from £2.70 - £4.40 Stage Coach Bus Dayrider Ticket : £4.20 Arriva Day ticket Zone 1: £4.70	<5 years free. Under 16 Pop Card/Nexus U16 card: travel at a flat 60p Single/£1.10 day ticket. Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass.	16+
Stockton-on-Tees	912	Arriva NE adult singles cash fares vary to the length of the journey from Adults: from £0.90	Can be obtained on buses, but no Information available online	Arriva: adult: £4.70	<5 years free. Under 16 Pop Card/Nexus U16 card: travel at a flat 60p (single) / £1.10 (day ticket). Pathfinder 16-19 bus pass (Stockton BC - unlimited half price travel) Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass.	18+

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Manchester	976	Rosso pay as you go tickets for single fares : £1-4.90 Children under 11 half price	Can be obtained on buses, but no Information available online	Dependent upon the bus company Arriva/First/ Rosso day tickets for the GM area costs: Adult: £3.40 - £4.80 Child: £1.70 - £2.40 Adult System One travel card (bus only): £5.60 Child System One travel card (bus only): £2.80	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus tickets in Greater Manchester. igo passes are compulsory for concessionary travel for those aged 11-16 and cost £10. Young people under 20 years of age (11-19 years inclusive) can travel at discounted single journey fares (usually at least 1/3 off the regular price). no id needed Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass	20+

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Liverpool	1596	Arriva Merseyside "flat fare": Adult: £2.30 5-18: £1.20	Can be obtained on buses, but no Information available online	Arriva adult day saver (Merseyside Plus): £4.50 child: 2:20 Merseytravel 1-day Saveaway - fares (covers buses trains & ferries): 1 zone/all zones: Adult: £4-£5.40 5-18: £2.30-£2.80 1-day Solo ticket (buses only) for: adults - £4.80 5-18 MyTicket - all day travel on buses for £2.20.	<5 years free Seniors/disabled: free local off-peak bus travel if hold a National Concessionary Travel Pass.	18+

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Rochdale	963	Rosso adult single fares range from: £1 - £4.90	Can be obtained on buses, but no Information available online	FirstDay ticket costs: Adult: £4.50-£4.80 Adult System One travel card (bus only): £5.80 Child System One travel card (bus only): £2.90	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus tickets in Greater Manchester.igo passes are compulsory for concessionary travel for those aged 11-16. 16 to 18 can obtain a "get me there" card which provides access to half price bus and metrolink tickets. Seniors/disabled: free local off-peak bus travel if hold a National Concessionary Travel Pass	16+
Wigan	980	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	FirstDay tickets: £4.50-£4.80 Arriva Day ticket Adult: £4.40 Child: £2.20 Adult System One travel card (bus only): £5.80 Child System One travel card (bus only): £2.90	<5 years free 5-16 IGO pass: costs £10 and valid 31 August after 16th Birthday. 16-21years can apply for an IGO pass which cost £10 to use from their college to residential address during school term Monday - Friday which can allow them to a concessionary fare (half adult-rate Bus & Metro tickets) 63+: free local off-peak bus travel if hold a National Concessionary Travel Pass.	16+

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Bolton	1044	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	FirstDay tickets: £4.50-£4.80 Arriva Day ticket Adult: £4.40 Child: £2.20 Adult System One travel card (bus only): £5.80 Child System One travel card (bus only): £2.90	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus tickets in Greater Manchester. igo passes are compulsory for concessionary travel for those aged 11-16. Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass	16+
Salford	812	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	FirstDay tickets: £4.50-£4.80 Arriva Day ticket Adult: £4.40 Child: £2.20 Adult System One travel card (bus only): £5.80 Child System One travel card (bus only): £2.90	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus tickets in Greater Manchester. igo passes are compulsory for concessionary travel for those aged 11-16. Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass	16+

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Birmingham	1574	National Express Short hop maximum single fare: Adult: £1.50-2.40 Child: £1.20	Can be obtained on buses, but no Information available online	Dependent on Operator: Adult 1-day ticket: £3.90-£5 Child 1 day ticket: £2.80-£3.40 National Express Day Saver Adult: £4.60 Child: £3.10	<5 years free Under 16 photocard - for child fares 16-18 photocard for child fares. Swift card (smart card) enable discounts. 63+: free local off-peak bus travel if hold a National Concessionary Travel Pass.	16+
Sandwell	921	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	Dependent on Operator: Adult 1 day ticket: £3.50 - £5 Child 1 day ticket: £3 - £4 Nexpress Daytickets in Sandwell / Dudley zone: adult - £3 child: £1.50	<5 years free Under 16 photocard - for child fares 16-18 photocard for child fares.Swift card (smart card) enable discounts. 63+: free local off-peak bus travel if hold a National Concessionary Travel Pass.	16+

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Stoke-on-Trent	926	First Potteries: singles (adult & child) from £1 D&G buses (Potteries): Adult: £2.20 YP (5-17inc): £1.50	First Potteries: Adult return - £4 D&G buses (Potteries): Adult: £4.50 YP (5-17inc): £3	SmartbusDay tickets: Adult: £5.90 child: £3.80 First Potteries: Adult day: £5 5-15 day: £3.80	<5 years free 5-15 - child fares. A free proof of age card needed from age 11yrs. 16+ and in FTE, access to discounted student tickets with student ID Seniors/Disabled: free local off-peak (9.30am - 11pm) bus travel if hold English National Concessionary Travel Pass.	16+
Wolverhampton	816	nxbus singles: Adult: £1.50-£2.40 Child: £1.20	Can be obtained on buses, but no Information available online	nxbus day tickets: Adult: £4.60 Child: £3.10 Arriva (Black country): Adult: £4 Child: £2	<5 years free 5-15 - child fares. Seniors/Disabled: free local off-peak (9.30am - 11pm) bus travel if hold English National Concessionary Travel Pass.	16+
Bradford	936	First adult single from: £1.30	Can be obtained on buses, but no Information available online	First adult day ticket: £4.50	<5 years free 5-10 - half adult fare 11-18 - half adult fare with 11-16 and 16-18 photocards. Seniors/Disabled: free local off-peak bus travel if hold English National Concessionary Travel Pass.	19

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Sheffield	778402	First South Yorkshire: Child single: 80p student single: £1.20 Super Tram: Adult single: £1.80-£2.50 5-10yrs: 80p 11-15yrs/16-18: 80p (with travel passes)	Can be obtained on buses, but no Information available online Super Tram Return ticket: £3	First South Yorkshire day ticket: Adult: £4 -£4.40 Adult Citybus: £4.30 Adult Citywide (bus and tram): £4.80 Child: £2-£2.20 Super Tram: Tram&Bus Dayrider: £4.60	<5 years free 5-11 -child fares 11-16 Mega travel Pass = child fares 16-18 (and in FTE) Student Pass = child fares No Pass = pay full fare. Seniors/Disabled: free local off-peak (9.30am-11pm) bus travel if hold English National Concessionary Travel Pass.	19
Oldham	782	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	Arriva/First day tickets for the GM area costs: Adult: £3.40-£4.80 Child: £1.70-£2.40 Adult System One travel card (bus only): £5.90 Child System One travel card (bus only): £2.80	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus tickets in Greater Manchester. igo passes are compulsory for concessionary travel for those aged 11-16 and cost £10. Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass	

City	Supported Asylum seeker population @31.12.2018	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Leeds	800	First: Adult: from £1.30 5-19: from £0.75	Can be obtained on buses, but no Information available online	First Day Adult: £4.50	<5 years free 5-16 - half adult fare with >16 photocard (free, but replacements are £5) 16-19 - half adult fare with 16-19 photocards, cost £5. Seniors/Disabled: free local off-peak bus travel if hold a English National Concessionary Travel Pass.	19

Annex D: Communications 2019

Writing materials for communication and for education of children

A 300 sheet A4 refill pad, and up to 20 ball point pens, can be bought for £2 (4 pence per week over a year)

Contract Phones (mobile phonechecker.co.uk @ 15/8/2019)

The cheapest contracts found (including handset and allowing for 250 – unlimited minutes/5000-unlimited texts/500MB-1GB of data per month) were around £7.50-£9.00 per calendar month, based on a two-year contract, which is typical. That is £90 - £1108 p.a. over the term of the contract, or **£1.73 - £2.08 per week**.

SIM Free mobile phones (via: mobile phonechecker.co.uk)

SIM Free phone users do have to pay for the full cost of the phone on the day of purchase, but the benefits include no long-term contract and possible long-term savings. Basic mobile phones can be purchased for as little as £20 or £30. For example:

SIM free phone	Cost of phone (£)	Where:
Alcatel 10.66G	£14.95	Argos
Tesco Mobile Verve Connect IMO Dash	£14.99	Tesco

SIM only deals (via: mobile phonechecker.co.uk @ 10/9/19)

Company	SIM only 1 month contract deals	Cost:	Weekly cost
Lebara	500mins / unlimited txts/1GB	£5	£1.16
iD Mobile	500mins / unlimited txts / 1GB	£5	£1.16
Giffgaff	300mins / 500 txts / 500MB	£6	£1.39

Networks now offer SIM only deals with minimum terms of 12 and 18 months. These offer even better value, giving more minutes and texts for the same monthly price as the equivalent 1 month SIM only deal. There are also regular special offers.

Pay-As-You-Go (via: mobile phonechecker.co.uk @ 19/8/2019)

There are PAYG deals including the phone, but these will link to a network, such as the following EE and O2 network deals below:

- Mobewire Pictor Black phone for £9.99, when bought with a £10 EE top up – 1GB data, 250 minutes, unlimited texts;
- Alcatel 10.66 phone for £1.99 with the same EE top-up deal.
- Alcatel U3 3G phone for £9.99 with £10 top up – 4GB data, 1000 minutes, 1000 texts

The O2 deal with the Alcatel U3 phone, would cost £19.99 in the first month and £10 per month from then on. That is £5 per week for the first 4 weeks, then £2.31 per week.

If you are already in possession of a mobile phone, it is possible to further restrict spending on telephone calls by purchasing Pay as You Go (PAYG) SIM cards. Many PAYG SIM only deals are available for free or are free when you buy a certain amount of credit (usually £10 - £15).

For example, Lebara offers a free SIM when bought with a £10 top-up (unlimited UK minutes, 1000 texts and 3GB data). This deal would cost £2.31 per week.

Other basic PAYG deals are as follows (@ 19/8/19):

Company	Cost	Deal:	Weekly cost:
Lebara	Free sim, £10 top up	unlimited minutes / 1000 texts / 3GB Calls between those on the Lebara UK network are free	£2.31
Tesco	Rocket Packs: free sim, with top-ups: £10, £15, £20	£10: 500 mins/5000texts/3GB data	£2.31
		£15: 1000 mins/5000texts/6GB data	£3.46
		£20: 2000 mins/5000texts/8GB data	£4.62

The Tesco Mobile Verve Connect IMO Dash, with the £10 Rocket Sim pack would cost just £24.99 (£14.99 + £10 top-up) in the first month and £10 per month from then on. That is £6.25 per week for the first four weeks then £2.31 per week from then.

Where using PAYG SIMs requires an existing phone to be unlocked, this is readily available and relatively cheap (anywhere from £15 - £20). If the current phone is under contract the existing network, the supplier is obligated to unlock your phone for you upon request. They may charge a fee for this service, but often waive it if you remain with their network. You can check for information on this on the following website:

<https://www.moneysavingexpert.com/phones/unlock-mobile-phone/>

International calling cards

Tesco calling cards are typical (<https://www.tescointernationalcalling.com/>). The data below is taken from their website on 19/8/2019. However, it is always prudent to shop around and others like Lyca (<http://www.lycatalk.co.uk/en/international-calling-cards>) and Lebara may also have competitive rates:

Top 11 supported nationalities (@31.12.18)	Landline/Landline cost	Landline/Mobile cost	SMS	connection fee p. call
Iraq (5,505)	12	18	0	4
Iran (4,271)	18	14	0	4
Pakistan (4,021)	4	4	0	4
Albania (3,633)	24	32	0	4
Nigeria (3,051)	7	8	0	4
China (2,995)	0.5	1	0	4
Afghanistan (2,376)	16	16	0	4
Sudan (1,969)	8	12	0	4
Eritrea (1,727)	22	24	0	4
Sri Lanka (1,302)	14	14	0	4
Bangladesh (860)	2	2.2	0	4

More than 72% of all currently supported persons (30,583/40,736) (31,710/44,258) can make an international call for on average 12 – 14 pence per minute, plus a 4p connection fee, as well as being able to text for free. This could be cheaper if the user shopped around for the best deal. Also, given that access to the internet at libraries is free, communication via Skype is cheaper still.

Annex E - Cost of Children's toiletries, non-prescription medication and household cleaning items

Results of 2019 research				
Essential Toiletries:	prices	Multiplier	total p.a.	Outlet
toothpaste x 4	£1.00	4 x 75ml	£4.00	Boots /Tesco
Toothbrushes x 4	£1.00	pack x 5	£1.00	Poundland
Boots / Johnson's Soap x4 100g	£1.25	1 x 4x100g	£1.25	Boots/Tesco
Johnson's baby bath: 4 x 500ml	£1.79	4 x 500ml	£7.16	Poundstretcher
Lupilu Baby bath: 4 x 500ml	£0.69	4 x 500ml	£6.93	Lidl
Johnson's Baby Shampoo: 4 x 500ml	£2.35	4 x 500ml	£9.40	Tesco
Lupilu Baby Shampoo: 4 x 500ml	£0.69	4 x 500ml	£2.76	Lidl
Johnson's Baby lotion: 4 x 500ml	£1.00	7 x 300ml	£7.00	Poundland
Baby lotion: 4 x 500ml	£1.00	4 x 500ml	£4.00	Tesco
Johnson's Baby Oil: 4 x 300ml	£1.00	6 x 200ml	£6.00	PoundLand
Baby Oil: 4 x 250ml	£1.75	3 x 500ml	£5.25	Tesco
Johnson's Baby powder: 4 x 500g	£2.35	4 x 500g	£9.40	Tesco
Baby powder: 4 x 500g	£1.25	5 x 400g	£6.25	Tesco
Subtotals:	£31.44 (alternates)- £45.21 (Johnson's)			
Essential cleaning stuffs:				
Bleach x 4	750ml:36 p-55p	4 x 750ml	£2.20	Poundstretchers/Lidl/Tesco/Coop
Cleaning fluid (Cif or equiv.) x 4	500ml: £1	4 x 500ml	£4.00	5/5 researched: 500ml x £1 or less
Washing up liquid x 4 @ 500ml	1l:£1	x2	£2.00	5/5 researched: 500ml x £1 or less, 3/5: 1l x£1
Toilet roll - 52 rolls	£1.00	9x6 rolls	£9.00	PoundLand(Lidl/sainsburys: cheapest own brands: x4/6-£1-£1.99)
Washing powder / Gel / Liquid etc. (5 washes every fortnight (wash packs x 13?))	£1.00	x10	£10.00	Poundland: x13-16 washes= £1 Lidl: x24/25 washes =£1.99
Subtotal = £27.20				
Essential generic non-prescription medication	(Anything other than this should be provided via GP on free prescriptions).			
Paracetamol 1 x 80ml/100ml Ibuprofen 1x 100ml	£1 each	2x bottles	£2.00	PoundLand
Bonjela Teething gel: 4 x 15ml (one every 3 months)	£2.90	4 x 15g	£11.60	Coop
Sudacreme: 1x400g	£5.80	1 x 400g	£5.80	Tesco
petroleum jelly: 1 x 250g (Vaseline or own/other brand)	£1.00	1 x 375g	£1.00	PoundLand
Nappy cream: 2 x 125g	£1.25	2x 150g	£2.50	Tesco
Subtotal	Subtotal = £22.90			
Grand Totals	£81.54 (alternates)- £95.31(Johnson's)			

Background Research:

Toiletries / non-prescription medication research for babies and children:

- For household cleaning items, please see adult research set out in Annex A.
- Online research done in Superdrug - 30/7/19
- Online research for Boots on 30/7/19 (* Boots Everyday low price)
- Instore research done in Tesco - 15/7/19
- Instore research done in PoundLand/Poundtretcher/Lidl - 10/8/19
- Unless stated otherwise for Boots/Superdrug/Lidl/Sainsburys/Tesco's/Co-op, items are their own branded goods

items	Superdrug	Boots	PoundLand	Poundstretcher	Lidl	Sainsburys	Tesco	Coop
Toiletries								
Toothbrushes	SD kids / Aquafresh pack of 3 £2	Boots Kids Toothbrush 0-2 yrs x1:£1 x2 - £2	Non-branded, x5, £1 branded, x1, £1	0-2yrs, x1, £1	Dentalux kids, x2, 79p	Aquafresh, 0-2yrs, 50ml, £1.20, 3-5yrs/6-8yrs, 75ml, £1.50	F&F, All age ranges, x1, £1 6yrs+, twin pack, £1	x1, £1.20
Toothpaste	SD kids toothpaste 75ml 0-3+ 89p Colgate: 50ml, 0-2/3-5/6+yr - £1.29	Boots Kids Toothpaste (0-2yrs, 3+yrs, 6+ yrs) 75ml - £1	branded, 0-2yrs, 3-5yrs, 50m, £1	n/a	Dentalux kids, 0-5yrs, 6yrs+, 100ml, 69p	x1, £1.50	F&F, Ages: 0-2yrs, 3-5yrs, 6yrs+, 75ml, £1	Colgate, 0-2yrs, 50ml, £1.40 Aquafresh, 3-5yrs, 75ml, £2
Soap/shower gel	<u>Soap:</u> SD 4 pack £1.50 <u>Baby bath:</u> Johnson's: 500ml, £2.50 SD: 300ml, 99p (x2 - £1.70)	<u>Soap:</u> Boots baby soap: 4x100g, £1.25 <u>Baby bath:</u> Johnson's: 500ml, £2.99 Boots: 500ml, £1.29	<u>Soap:</u> N/A <u>Baby bath:</u> Johnson's: 300ml, £1 Other brand, 500ml, £1	<u>Soap:</u> Johnson's: 4x100g, 95p <u>Baby bath:</u> Johnson's: 500ml, £1.79	<u>Baby bath:</u> Lupilu 500ml, 69p	<u>Soap:</u> n/a <u>Baby bath:</u> little ones 500ml, £1	<u>Soap:</u> Johnson's: 4x100g, £1.25 <u>Baby bath:</u> Johnson's: 500ml, £2.35 F&F 500ml, £1	<u>Soap:</u> N/A <u>Baby bath:</u> 300ml, £2

items	Superdrug	Boots	PoundLand	Poundstretcher	Lidl	Sainsburys	Tesco	Coop
Skincare	<u>Lotion:</u> Johnson's: 500ml, £2.50 SD: 300ml, 99p <u>Oil:</u> Johnson's 300ml, £2 SD: 250, £1.29 <u>Baby Powder:</u> Johnson's 500g, £2.50 SD: 250ml £1.25	<u>Lotion:</u> Johnson's: 300ml, £2.00 Boots, 500ml, £1.29 <u>Oil:</u> Johnson's 300ml, (on promotion £1.67) normally £2.50 Boots, 300ml, £1.49 <u>Baby Powder:</u> Johnson's 200g, £1.50 Boots, 300ml, £1.59	<u>Lotion:</u> Johnson's, 300ml, £1 <u>Oil:</u> Johnson's, 200ml, £1 <u>Baby Powder:</u> Johnson's, 200g, £1	<u>Lotion:</u> Johnson's, 300ml, £1.49 <u>Oil:</u> n/a <u>Baby Powder:</u> Johnson's, 200g, 95p	n/a	<u>Lotion:</u> Johnson's, 300ml, £1.50 <u>Oil:</u> Johnson's, 300ml, £1.50 <u>Baby Powder:</u> Johnson's,200 g, £1.50	<u>Lotion:</u> Johnson's, 500ml, £2.35, 300ml, £2 F&F, 500ml, £1 <u>Oil:</u> Johnson's, 500ml, £2.35, 300ml, £2 F&F, 500ml, £1.75 <u>Baby Powder:</u> Johnson's, 500g, £2.35, 200g, £1 F&F, 400g, £1.25	<u>Lotion:</u> N/A <u>Oil:</u> 300ml, £2 <u>Baby Powder:</u> 200g, £1.50
non-prescription medication								
painkillers etc	Snuffle babe vapour rub, 24g, £2.50 Children's vapour rub, 50g, £1.89 Dentinox colic drops, 100ml, £2.85	Boots paracetamol (3mths+), 100ml, £2.65; (6yr+), 80ml, £2.65 Boots Ibuprofen (3mth+), 100ml, £2.65 Cough Syrup (3mth+) 100ml, £2.29	<u>Paracetamol:</u> Parapaed Junior, 3mths+, 100ml, £1 Parapaed Six plus, 80ml, £1 <u>Ibuprofen:</u> Fenpaed, 3mths+, 100ml, £1	Cough syrup: Bell's paediatric, 1mth+, 200ml, 79p	n/a	<u>Paracetamol:</u> Junior Paracetamol suspension, 3mths+, 100ml, £2.05 Calpol, 2mths+ / Neurofen 3mths+, 100ml, £3.50	<u>Paracetamol:</u> Oral Suspension, 2mths, 100ml £2 <u>Cough syrup:</u> Bell's paediatric linctus, 200ml, £1.90	Neurofen: 3mths+, 100ml, £3.90

items	Superdrug	Boots	PoundLand	Poundstretcher	Lidl	Sainsburys	Tesco	Coop
Sudacreme / Vaseline / nappy cream	<u>Sudacreme:</u> 125g, £2.99 SD little star Nappy cream, 150ml, £2.49 <u>Petroleum</u> <u>Jelly:</u> Vaseline, 250ml, £2 SD, 100ml, 99p	<u>Sudacreme:</u> 400g, £5.99 Boots nappy cream, 100ml, £3.99 <u>Petroleum</u> <u>Jelly:</u> Vaseline, 250ml, £2.99 Boots, 250ml, £1.99	unbranded Petroleum Jelly, 375g, £1 <u>Nappy cream:</u> B5 Panthenol, 30g, £1 <u>Vapour rub:</u> Healthpoint / Bell's, 50g, £1	Vaseline PJ, 50g, 90p	<u>Sudacreme:</u> 250g, £3.69	<u>Sudacreme:</u> 175g, £3.50 <u>Nappy cream:</u> Bepanthon, 100ml, £6.50, 30g, £3 Metanium, 30g, £2.75 <u>Petroleum</u> <u>Jelly:</u> Sainsbury, 150ml, £1.50 <u>Vapour rub:</u> Snufflebabe, 24g, £3	<u>Sudacreme:</u> 400g, £5.80 175g, £4, 100g, £2 F&F nappy cream, 150ml, £1.25 <u>Petroleum</u> <u>Jelly:</u> Tesco, 150ml, £1.50	<u>Sudacreme</u> : 125g, £3 Bleparthen nappy cream, 30g, £3.60 <u>Petroleum</u> <u>Jelly:</u> N/A
teething gel	Anbesol, 10g, £2.50	Anbesol Teething Gel, 10g, £2.49	n/a	n/a	n/a	n/a	n/a	Bonjela, 15g, £2.90

Annex F: Children's Clothing

This research approaches the issue of costing a child's wardrobe of essential clothes, including both casual clothing and school uniform where needed, by looking at three age groups: infants (0-24 months), young children (3-12yrs) and teenagers (13yrs+).

The costing for the wardrobe of clothes was based on online research at Matalan and Asda, and in store at Primark and Tesco in July 2019. The costings for each group were based on the cost of clothing for the eldest person within each age group, which may mean that the actual costs for younger children within each age group are less.

Infants (0-24mth)

Item	Tesco	Asda	Matalan	Primark
3 pairs pyjamas	£10.00	£9.00	£15.00	£5.50
6 baby grows	£7.50	£10.00	£18.00	£6.00
1 zip-through suit (for outdoor)	£12.00	£13.00	£18.00	£14.00
6 vests	£7.50	£6.00	£11.00	£4.60
total	£37.00	£38.00	£62.00	£30.10
total (renewed every 3 months)	£148.00	£152.00	£248.00	£120.40
weekly	£2.85	£2.92	£4.77	£2.32

Child (3-12 years)

Item	Tesco	Asda	Matalan	Primark
Basic wardrobe				
7 sets of underwear	£16.00	£11.50	£6.00	£10.50
7 pairs of sock/tights	£7.50	£5.00	£11.50	£2.30
3 pairs of pyjamas	£21.00	£16.00	£25.00	£16.00
1 dressing gown	£13.00	£11.00	£10.00	£11.00
3 pairs of trousers/skirts	£30.00	£12.00	£28.00	£24.00
4 shirts/blouses	£32.00	£20.00	£16.00	£24.00
2 T-shirts	£4.00	£5.00	£10.00	£3.60
2 sweater/sweatshirt/cardigan	£27.00	£14.00	£20.00	£14.00
1 pair wellies	£11.00	£9.00	£9.00	£10.00
1 pair trainer	£13.00	£12.00	£13.00	£12.00
1 pair slippers	£5.00	£5.00	£7.00	£5.00
1 coat	£20.00	£18.00	£24.00	£21.00
Subtotal	£199.50	£139.00	£179.50	£153.40
School uniform				
2 trousers/skirts	£11.00	£11.00	£12.00	N/A
2 polo shirts/blouses/shirts	£5.50	£3.00	£5.00	N/A
1 school jumper	£12.00	£4.00	£5.00	N/A
pair shoes(for school)	£15.00	£12.00	£18.00	N/A
1 school bag	£5.00	£5.00	£6.00	N/A
Subtotal	£48.50	£35.00	£46.00	N/A
Annual total (inc schoolwear)	£248.00	£174.00	£225.50	N/A

weekly total	£4.77	£3.35	£4.34	N/A
Annual total (exc schoolwear)	£199.50	£139.00	£172.50	£153.40
weekly total	£3.84	£2.67	£3.45	£2.95

Teenager (13years +)

Item	Tesco	Asda	Matalan	Primark
<u>Underwear</u>				
7 socks tights	£10.00	£11.00	£11.00	£7.00
7 boxers/knickers	£22.00	£5.00	£12.00	£11.50
3 bras/vests	£22.00	£8.00	£15.00	£12.00
2 pair pyjamas	£24.00	£13.00	£20.00	£17.00
<u>Out of school wear</u>				
3 trousers/skirts	£37.50	£20.00	£30.00	£27.00
3 tops	£23.00	£10.00	£18.00	£18.00
2 sweaters/tracksuit tops	£28.00	£11.00	£10.00	£16.00
<u>Outerwear</u>				
coat	£30.00	£18.00	£24.00	£25.00
1 pair boots (optional)	£25.00	£9.00	£9.00	£20.00
1 pair trainers	£12.00	£12.00	£13.00	£9.00
1 pair slippers	£7.00	£5.00	£7.00	£4.00
<u>School uniform</u>				
2 trousers/skirts	£15.00	£10.00	£20.00	N/A
2 polo shirts/blouses/shirts	£6.50	£6.00	£7.00	N/A
1 school jumper	£7.00	£5.00	£6.00	N/A
pair shoes(for school)	£18.00	£12.00	£18.00	N/A
Sports top	£5.00	£3.50	£6.00	N/A
tracksuit bottoms	£8.00	£6.00	£9.00	N/A
shorts/skirt	£5.00	£6.00	£7.00	N/A
1 school bag	£8.00	£5.00	£6.00	N/A
total (inc schoolwear)	£309.00	£175.50	£248.00	N/A
weekly	£5.94	£3.38	£4.77	N/A
total (exc schoolwear)	£236.50	£122.00	£169.00	£153.80
weekly	£4.55	£2.35	£3.25	£2.96

Charity Shops

In July 2019, research was conducted on what was available in charity shops for children, not only in respect to clothing (outerwear only, not underwear) but also books, toys etc.

All of the outlets visited had some items of school uniform (unbadged only). All of the shops advise donors that they are unable to take badged items, which should instead be taken to the school for sale in their market place.

All of the outlets had items of outerwear for babies and children available for between £0.50 - £5 an item. Some also stocked some fancy-dress items, as well as a range of games, puzzles, toys and books for £0.50 - £4.

All of the outlets are able to process card payments and thus are able to take payment via ASPEN card.

Conclusions:

The overall outcome of the research is set out in the table below. The average weekly costs in the retail stores of providing adequate clothing for infants (and renewing the wardrobe every 3 months) is £3.22. The average costs for the other two groups (inclusive of school wear) are £4.15 and £4.70 respectively). These costs could be even lower if some items are sourced in charity shops

Basic wardrobe - weekly cost					
Age range	Tesco	Asda	Matalan	Primark	average
Infant	£2.85	£2.92	£4.77	£2.32	£3.22
Child	£3.84	£2.67	£3.45	£2.95	£3.23
Teenager	£4.55	£2.35	£3.25	£2.96	£3.28

With school wear - weekly cost					
Age range	Tesco	Asda	Matalan	Primark	average
Infant	N/A	N/A	N/A	N/A	N/A
Child	£4.77	£3.35	£4.34	N/A	£4.15
Teenager	£5.94	£3.38	£4.77	N/A	£4.70

Annex G: Research on nappies and formula milk

Table 1 sets out the combined cost per week for nappies and formula milk at a range of stores based on research undertaken in July and August 2019.

Table 1: Combined prices:

Approx. age	0-2 weeks	2-4 weeks	4-8 weeks	8-12 weeks	3-4 months
Approx. weekly cost for milk	£5.80	£6.44	£8.05	£9.66	£9.66
Average weekly cost for nappies	£8.51	£8.74	£8.74	£8.74	£8.74
Total	£14.31	£15.18	£16.78	£18.40	£18.40
Approx. age	4-5 months	5-6 months	7-12 months	12-18 months	18-24 months
Approx. weekly cost for milk	£11.27	£11.27	£6.76	£6.76	£6.76
Average weekly cost for nappies	£7.45	£7.45	£7.02	£6.30	£5.01
Total	£18.72	£18.72	£13.78	£13.06	£11.77

Nappies:

The information on numbers of nappies required by babies in Tables 2 and 3 below was taken from the internet (www.whatprice.co.uk/health/parent/nappies.html). The cost of nappies is taken from in-store research conducted on 15 and 30 July and 10 August 2019:

Table 2: Own branded nappies (Cheapest out of six stores)

Age group of wearer	Nappies used per day	Total nappies used in age group	average cost per nappy	Total Cost of Nappies	divisor	per week
0-2 weeks	12	168	£0.03	£5.04	2 weeks	£2.52
0-4 months	12	1260	£0.04	£50.40	15 weeks	£3.36
4-6 months	10	630	£0.05	£31.50	9 weeks	£3.50
6-12 months	8	1456	£0.07	£101.92	26 weeks	£3.92
12-18 months	6	1092	£0.08	£87.36	26 weeks	£3.36
18-24 months	4	728	£0.10	£72.80	26 weeks	£2.80

Table 3: Branded nappies (Dearest found out of five stores)

Age group of wearer	Nappies used per day	Total nappies used in age group	average cost per nappy	Total Cost of Nappies	divisor	per week
0-2 weeks	12	168	£0.18	£30.24	2 weeks	£15.12
0-4 months	12	1260	£0.17	£214.20	15 weeks	£14.28
4-6 months	10	630	£0.17	£107.10	9 weeks	£11.90
6-12 months	8	1456	£0.20	£291.20	26 weeks	£11.20
12-18 months	6	1092	£0.25	£273	26 weeks	£10.50
18-24 months	4	728	£0.26	£189.28	26 weeks	£7.28

The branded nappies could be purchased in five of the six stores researched and were considerably cheaper in two of the other four stores.

Formula milk:

The information on how much formula milk is required set out in Table 4 below was taken from the internet (www.aptaclub.co.uk/bottlefeeding/article/how-much-and-how-often).

The average cost of an 800mg box of baby formula ranges between £7.49 and £11 (an average of £0.01 per gram) – in-store research conducted on 15 and 30 July and 10 August 2019:

Table 4: average price per week for formula milk

Approximate age	0-2 wks	2-4 wks	4-8 wks	8-12 wks	3-4 mths	4-5 mths	5-6 mths	7-12 mths	12-18 mths	18-24 mths
approximate weight - kgs	3.5	3.9	4.7	5.4	6.2	6.9	7.6			
approximate weight - lbs	7 3/4	8 1/2	10 1/2	12	13 3/4	15 3/4	16 3/4			
Feeds per 24 hour period	6	5	5	5	5	5	5	3	3	3
level scoops per feed (1 scoop=4.6g)	3	4	5	6	6	7	7	7	7	7
Quantity of Water - ml	90	120	150	180	180	210	210	210	210	210
Quantity of Water - fl oz	3	4	5	6	6	7	7	7	7	7
grams of formula per 24 hrs	82.8	92	115	138	138	161	161	96.6	96.6	96.6
grams per week	579.6	644	805	966	966	1127	1127	676.2	676.2	676.2
Kind of milk	first milk	first milk	first milk	first milk	first milk	first milk	follow-on milk	Growing up milk	Infant	Infant
Approx. Cost pwk	£5.80	£6.44	£8.05	£9.66	£9.66	£11.27	£11.27	£6.76	£6.76	£6.76

2020 Background research

Annex H: Cost of toiletries, toilet roll, laundry items and non-prescription medication

Annex J: Adult Clothing

Annex K: Travel

Annex L: Communications

Annex M: Children's toiletries, non-prescription medication and household cleaning items

Annex N: Children's Clothing

Annex O: Research on nappies and formula milk

Annex H: Cost of toiletries, toilet roll, laundry items and non-prescription medication

	Results of 2020 research			
Essential Toiletries:	2019 prices	Multiplier	total p.a.	Outlet
toothpaste x 4	£1.00	4 x 75ml	£4.00	9/10 outlets: x1 for £1 or less.
Toothbrushes x 4	£1.00	1-3 brushes	£2.00	6/10 outlets: x2 for £1 or less.
Soap x4	£1.05	4x100g bars	£1.30	6/8 outlets: x4 bars for £1.30 or less
Shower gel x 4	£1.00	6 x 250ml	£6.00	8/9 outlets: 250ml x £1 or less
Shampoo x 4	£1.00	4x300ml	£4.00	7/8 outlets: 300ml x £1 or less
Feminine hygiene items x 13 packs	£1	13 packs	£13	9/9 outlets provided hygiene items for under £1 pack
Male shaving items (disposable razors (R) x 52 and shaving soap (S) x 4)	Rx10:60p-£1.50 Sx200-250ml: 70p-£1.50	R x 6 S x 4	£5.80 - £13.50 avg: £9.65	6/8 outlets: 10xR/200-250ml S for £1.50 or less each
Deodorant (roll on/spray) x 6	75p-£1.50	x6	£3.75- £7.50 avg:£5.63	8/9 outlets: x1 for £1 or less
Subtotals:	Men: £32.58 Women: £35.93			
Laundry/toilet roll:				
Toilet roll - 52 rolls	x9 - £1 - £3	9x6 rolls	£6 - £18 Avg: £12	5/7 outlets: Packs of 9 for under £3 Tesco/Superdrug/ PoundLand: less than £2.50
Washing powder / Gel / Liquid etc. (5 washes every fortnight (wash packs x 13)	5p- 11p per wash	x130 washes	£6.50- £14.30 Avg:£10.40	6/7 outlets provide items costing 5-11p per wash.
	Subtotal = £22.40			
Essential generic non-prescription medication:				
Headaches - 2 x 3 pks x 16 tablets each of Paracetamol (P) and Ibuprofen (I)	P - 40p - 80p I - 35p - 55p	P - 16 x 3 I - 16 x 3	£3.03	6/8 outlets - Poundland 3pks for £1 - Avg used: $[(£2+£4.05)/2=£3.03]$
Indigestion - up to 100 tablets	£2.50	pack of 100 tablets	£2.50	Asda (x100, £2.50) /Boots (x24, £1.79)/Morrisons (x48, £2.20)
cold remedies:				
Cough linctus	300ml: £2.25-£2.95	300ml	£2.95	Sainsburys(300ml, £2.25)/Tesco (300ml, £2.25)/Morrisons(300ml, £2.25)/Asda (200ml, £2)
2 boxes of hot drink sachets - 5 sachets each	10 sachets: £1.59-£2.25	10 sachets	£3.84	Boots(x10,£1.99)/Poundland (x5, £1)/ Asda (x10, £1.59)/Tesco (£2.05) / Sainsburys (x10, £2.25)/Morrisoons (x16, £1). $[(£1.59+£2.25)/2=£1.92]$

Pack of 2 nasal inhalers	£2.99-£3.30	1 pack	£3.15	Superdrug (twinpack £2.99), Waitrose (twinpack £3.30), Boots (x1, £1.59), Asda (x1, £1.50) [(2.99+3.30)/2=3.15]
2 boxes of decongestant/ cold&flu capsules (Beachams/ Lemsip)	99p - £1.50	x2	£2.49	Boots (x16, 99p), Asda (x16, £1.50), Sainsbury (x16, £1), Tesco/Morrisons (x12, £2) [(0.99+1.50)/2=£1.15]
Subtotal	Subtotal = £17.96			
(Anything other than this should be provided via GP on free prescriptions).				
Grand Totals	Grand Total (men) - £72.94 Grand Total (women) - £76.29			
	Weekly allowance - £76.29/52 = £1.47			

Background Research

- Online research in all shops done on 18/5/2020
- Unless stated otherwise for all, items are their own branded goods

A: research for Superdrug, boots, Asda, Sainsburys, and Tesco's

items	description	Superdrug	Boots	Asda	Sainsburys	Tesco's
Toiletries						
Toothpaste		Colgate, Aquafresh, Macleans 75ml, £0.99	SMILE: 100ml, £1 Colgate 75 ml £1	Colgate 75ml 80p	Aquafresh/Colgate, 75ml, 80p	100ml - 50p Aquafresh/Colgate, 75ml, 80p
Tooth brushes		Colgatex1 £2	Boots Smile x1 - 50p - £1; Colgate - £1	Pack of 2, 25p Oral B pack of 2 £1.50	x1 £1 Colgate	x2 - 25p
Soap/shower gel	bars of soap / shower / bath gel / cream	<u>Soap:</u> Dove: 2.100g - £1 Dettol soap - 2x100g - £1.29 Imperial leather 4x100g £1.79 <u>Shower gel:</u> SD; 250ml £1.50	<u>Soap:</u> Dove; 2x100g £1.50 Dettol;100g, 0.70 Boots essentials; 4x100g, £1.00 <u>Shower gel:</u> Boots shower cream 500ml: £0.59 Zingy range: 250ml, 75p* Range of branded deals: for around £1 - £2* Radox: 250ml - £1	<u>Soap:</u> Asda Soap x1 69p Dove 2x 100g £1.25 <u>Shower Gel :</u> 35-65p 250ml	<u>Soap:</u> 4x125g - £1,30 <u>Shower gel:</u> 250ml, 40p -85p	<u>Soap:</u> 1x125g - 15p <u>Shower gel:</u> Essentials, 250ml, 28p Other Tesco ranges: 250-500ml, 70p-90p Branded: £1 <u>Handwash:</u> 75-90p

items	description	Superdrug	Boots	Asda	Sainsburys	Tesco's
Shampoo		SD 400ml - £0.10 SD 535ml - £1,23 Range of branded goods: up to 400ml, under £2	Boots fresh & crisp 500ml: £0.75 Anti-dandruff range:300ml, £2.50 Expert range: 250ml, £4 Range of branded deals: £2.50-£3.00	Alberto Balsam: 350ml, 95p Herbal Essence: 400ml; £1.96	Various branded goods, 250ml - 500ml, 90p - £1.39	Anti-dandruff, 300ml, £1 General, 750ml, £1
Conditioner (for information only)		SD: £1 100ML Brands £2.50	Boots Fresh 500ml £0.75p Range of branded up to £2	Own brand and branded £1	Various branded goods, 200ml - 400ml, 69p - £1	n/a
products for black hair (for information only)			ORS Olive Oil range: Shampoo - 370ml, £3.49 Conditioner: 251ml, £4.19 Palmers Olive oil: shampoo 400ml - £3.99	Palmers olive oil shampoo £4	n/a	

items	descriptions	Superdrug	Boots	Asda	Sainsburys	Tesco
Feminine hygiene items	tampons / towels / pantyliners	<u>Tampons:</u> SD (w/applicator); x12-30, £1.09 <u>Towel:</u> SD: x10-16, normal thru to night, 79p-89p <u>Pantyliners:</u> SD; x20-28, 89p x50 - 99p	<u>Tampons:</u> Liberelle: w/applicator: x20-£1.10 (x2-£2) w/o: x20-24 - £1.10 (x2- £2) <u>Towel:</u> Liberelle: x10 - 75p; x12-14 - 75p; x24-£1.40 <u>Pantyliners:</u> Liberelle:x20-30, 80p-£1 Carefree: x20 - £1.00 Always dailies: x20 - £1.00	<u>Tampons:</u> 20pack 80p Tampax £1.87 <u>Towel:</u> 20 pack 0.71p Bodyform 14 pack £1.20 <u>Pantyliners:</u> 28 pack 0.54p Branded x24 - £1.40	<u>Tampons:</u> W/applicator x20, £1 W/o, x32, £1 <u>Towel:</u> x12 - £1 <u>Pantyliners:</u> x30 - 95p <u>Incontinence:</u> Always Liners x20/10, £1.50	<u>Tampons:</u> Free Spirit x20, 95p; <u>Towel:</u> essentials, x12/14/16 - 66p, night x10, 85p <u>Pantyliners:</u> Essentials x30,28p Others, x22/28/32 - 95p <u>Incontinence:</u> Female pads x8/10/12/20 (£2.50)
Male shaving items	disposable razors / shaving foam	<u>Razors:</u> BIC; 10s, £1.45 SD; 10s £1.50p <u>S/Foam:</u> Gillette 100ml £1.50 <u>S/Gel:</u> Gilette 200ml £1.98 SD; 200ml, £1.99	<u>Razors:</u> Boots: 5s, 75p <u>S/Foam:</u> Boots 250ml £1 <u>S/Gel:</u> Boots essentials range: 250ml, £1	<u>Razors:</u> 10 pack men and women £1 <u>S/foam:</u> 250ml, £1 <u>S gel:</u> 200ml £1-1.50	<u>Razors:</u> own brand, x10, £1.50 <u>S/Foam:</u> 200ml, 95p <u>S/Gel:</u> Gillette 200ml, £1.50	<u>Razors:</u> Essentials x5 - 30p Xpert x10 - £1 <u>S/Foam:</u> Essentials, 250ml, 70p Xpert, 250ml, £1 <u>S/Gel:</u> Xpert, 250ml, £1

items	descriptions	Superdrug	Boots	Asda	Sainsburys	Tescos
Deodorant	spray or roll-on	<u>Spray</u> : SD; 250ml, £1.29 brands - 150-250 -£2.29-£3 <u>Roll-on</u> : SD: 50ml, 99p	<u>Spray</u> : men&women, 250ml, £1 <u>Roll-on</u> : 50ml, 75p*	<u>Spray</u> : 79p to £1 <u>Roll on</u> : branded £1	<u>Spray</u> : men&women, 250ml, 85p <u>Roll-on</u> : 85p	<u>Spray</u> : men&women, 250ml, £1 <u>Roll-on</u> : Essentials (w), 50ml, £1 Nivea (m), 50ml, £1.50
Laundry/toilet roll						
Toilet roll		SD 9 rolls £2.50	Andrex, x4 rolls - £2.50	x9 rolls, £3	x4 (440 sheets, p/roll), £1.90 x9 rolls, £3.30,	x9rolls - £1.90
Laundry items		N/A	N/A	<u>Capsule</u> x20 £2.59 <u>Powder</u> Smart price: £2.33, 45 washes <u>Liquid</u> £2.25	<u>Powder</u> x25 washes - £2.75 <u>Liquid</u> x25, £2.50 <u>Capsules</u> x19, £3	<u>Powder</u> x25/40 washes - £2.50/£4 <u>Gel</u> x18 -£2 <u>Liquid</u> x24/38 - £2.25/£3.25 <u>Capsules</u> x16/20/36 - £3/£3/£5
items	descriptions	Superdrug	Boots	Asda	Sainsburys	Tescos
non-prescription medication						
Headache tablets		SD Paracetamol x16 - £1.29 Bells Ibuprofen x16 - 49p Superdrug Ibuprofen x16 £1.99	Boots Value health brand: Paracetamol x16s: 40p Ibuprofen x16s: 45p	Panadol x16 £1.50 Ibuprofen x16 35p	Paracetamol tablets x16s - £0.70 Ibuprofen x8 - £1.90	Bells Paracetamol tablets x16s - £0.75 Ibuprofen x16s - £0.55

items	descriptions	Superdrug	Boots	Asda	Sainsburys	Tescos
Indigestion tablets		Rennie x18 £2.20	x24 for £1.79	x72 - £3 Bisodol x100, £2.50	Empharma, x12, £1.50	Rennie x23 for £2.20
Cold remedies	Cough linctus / hot drinks / nasal decongestants	<u>Cough linctus/syrup:</u> SD, 200ml, £3.89 <u>Cold relief Capsules:</u> SD £1.39 <u>Decongestant capsules:</u> N/A <u>Inhalers:</u> Olbas twin pack - £2.99	<u>Cough linctus/syrup:</u> Glycerine & Blackcurrant or honey& lemon, 200ml, £1.99 Benylin £4.79 <u>Cold relief sachets:</u> Effervescent Powder x10 sachets: £1.99 Max strength cold & flu lemon, x10 sachets: £2.99 <u>Decongestant capsules:</u> Decongestant tablets; x12, £3.55 Cold & flu relief capsules x16, 99p <u>Inhalers:</u> Blocked nose relief, 22ml, £2.99 Saline nose spray, 15ml, £2.39 Olbas: x1 Nasal stuck £1.59	<u>Cough linctus/syrup:</u> Asda 300ml £2.25 <u>Cold relief sachets:</u> Powder x10 sachets: £1.59 <u>Decongestant capsules:</u> Decongestant tablets; x12, £1.15 Cold & flu relief capsules x16: £1.50 <u>Inhalers:</u> Vicks Inhaler , £2 Olbas: x1 Nasal stick £1.50	<u>Cold and flu sachets:</u> x10, £2.25 <u>Cough syrup:</u> £2.25, 300ml <u>Decongestant capsules:</u> x16, £1 <u>Inhalers:</u> Vicks Inhaler , £2.50 Olbas: x1 Nasal stick £1.60	<u>Cough linctus/syrup:</u> 300ml - £2.25 <u>Cold relief sachets:</u> hot drinks x10 - £2.05 <u>Decongestant capsules:</u> x12 capsules, £2 <u>Inhalers:</u> Nasal spray. 15ml, £1.50 Vapour rub, 50g, £1.30

B. Research for Co-op, Waitrose, Morrisons, Poundland and Poundstretchers

items	description	Co-op	Waitrose	Morrisons	PoundLand	Poundstretchers
Toiletries						
Toothpaste		Other Brands, 75-100ml, £1.20	Colgate 75ml 80p Aquafresh 100ml £2	Whitening, £1.50 100ml Oral B, £1.50 100ml Aquafresh 75ml £1	Oral B/Colgate 100ml £1	Assorted Brands £1
Tooth brushes		x1, £2.80	Colgate x3 £1 Wisdom x2 £1.50	x4 - 50p Oral B x1 £1	Various brands x3 £1	n/a
Soap/shower gel	bars of soap / shower / bath gel / cream	N/A	<u>Soap:</u> 4x100g £1.30 <u>Shower Gel:</u> Essential 90p, 250ml Other Waitrose brands, £1.33, 250ml	<u>Soap:</u> Morrisons x4 125g£1.20 Dove x2 £1.50 <u>Shower gel:</u> Radox/imperial leather/Palmolive 250ml £1	<u>Soap:</u> Palmolive x3 £1 Dove x2 £1 Simple x2 £1 <u>Shower Gel:</u> Assorted Brands 200ml £1	<u>Soap:</u> n/a <u>Shower gel:</u> Lynx 250ml £1
Shampoo		300ml £2 Loreal	Essentials 2 in 1 80p 300ml Head and Shoulders 225ml £3	Alberto Balsam 350ml £1 Morrisons Brand 1L £1.45	Poundland brands 250ml-400ml £1 Branded 235 ml £1	n/a
Conditioner (for information only)		300ml £2 Loreal	n/a	n/a	Assorted brands £1	n/a
products for black hair (for information only)		N/A	n/a	n/a	n/a	n/a

items	descriptions	Co-op	Waitrose	Morrisons	PoundLand	Poundstretchers
Feminine hygiene items	tampons / towels / pantyliners	<u>Tampons:</u> Lilets x16 £2.10 <u>Towel:</u> x10/12/14, 95p <u>Pantyliners:</u> n/a <u>Incontinence:</u> n/a	<u>Tampons:</u> Tampax x20 £1.99 <u>Towel:</u> Always/bodyform, x10/16/14, £1 <u>Pantyliners:</u> Carefree x20 99p Always dailies x20 99p <u>Incontinence:</u> Lights by tena liners x20/24/28 £2.05	<u>Tampons:</u> x16, 70p; <u>Towel:</u> x12 65p Always x14 95p <u>Pantyliners:</u> x20 x30 x28 ,90p Others, x20 £1 <u>Incontinence:</u> Female pads x12 £1.25 Always 12/20 (£2.50)	<u>Tampons:</u> Tampax x8, £1; <u>Towel:</u> x12/16 £1 <u>Pantyliners:</u> N/a <u>Incontinence:</u> Bladder Pants, 7pk £5	n/a
Male shaving items	disposable razors / shaving foam	N/A	<u>Razors:</u> Essentials x10 - £1.50 Gillette x10 - £3.60 <u>S/Foam:</u> N/a <u>S/Gel:</u> Essentials £1.50 250ml Branded £1.75-£2	<u>Razors:</u> Wilkinson Sword x10 - £3 Gillette x8 - £5.50 <u>S/Foam:</u> Gillette 200ml £1.50 Nivea 200ml £2.50 <u>S/Gel:</u> Gillette £1.50 75ml	<u>Razors:</u> Gillette x3 - £1 <u>S/Foam:</u> Gillette 200ml £1 <u>S/Gel:</u> Gillette £1 75ml	n/a
Deodorant	spray or roll-on	<u>Spray:</u> 250ml, £1.50 <u>Roll-on:</u> 50ml, £1.50	<u>Spray:</u> Rightguard 250ml, £1.50 <u>Roll-on:</u> Rightguard/Nivea, 50ml, £1-1/50	<u>Spray:</u> Rightguard 150ml, £1 Morrisons £1 <u>Roll-on:</u> Morrisons £1	<u>Spray:</u> Sure/Nivea £1.50 <u>Roll-on:</u> Dove/Nivea £1	n/a

items	descriptions	Co-op	Waitrose	Morrisons	PoundLand	Poundstretchers
Laundry/toilet roll						
Toilet rolls		n/a	x4 rolls, £4 x9 rolls, £3.75	x6 rolls, £1 x18 rolls, £2.90	x4/9/6 rolls, £1	x3 rolls, £2.50 x12 rolls, £3.99 x18 rolls, £5.99
Laundry items		<u>Powder</u> x10/20 washes - £1.40/£2.90 <u>Liquid</u> x38 - £6 <u>Tabs:</u> x24, £5 All branded	<u>Powder</u> x22 washes - £3 <u>Liquid</u> x36 - £2.50 <u>Gel:</u> x24, £4.50 branded x15 £4.50	<u>Powder</u> x40 washes - £4 <u>Gel</u> x18 -£2 <u>Liquid</u> x18 x32 - £1.60/£3 <u>Capsules</u> x20 x36 - £3/£5	<u>Powder</u> Surf x7 washes - £1 easy x16 - £1 <u>Gel</u> x18 -£2 <u>Liquid</u> Ariel x24 - £4 <u>Capsules</u> x20 £3 Surf	n/a
non-prescription medication						
Headache tablets		n/a	Essential x16: Paracetamol 80p Ibuprofen 45p	Morrisons Paracetamol x16 45p Asar Ibuprofen x16 50p	<u>Online - 27/5/20</u> Panadol Paracetamol x16 £1 Ibuprofen x16 £1 <u>instore:27/8/20:</u> Paracetamol: 3 x pk of 16 - £1 Ibuprofen: 3 x pk of 16 - £1	n/a

items	descriptions	Co-op	Waitrose	Morrisons	PoundLand	Poundstretchers
Indigestion tablets		n/a	Essentials Heartburn and Indigestion 500ml syrup £5	Morrisons Antacid x48 £2.20	Rennie x12 £1 Gaviscon x8 £1	n/a
Cold remedies	Cough linctus / hot drinks / nasal decongestants	n/a	<u>Cough linctus/syrup:</u> Covonia 180ml £4.50 <u>Cold relief sachets:</u> Lemsip x10£3.85 <u>Decongestant capsules:</u> n/a <u>Inhalers/Nasal stick:</u> Vicks, £2.59 Olbas, x2 £3.30	<u>Cough linctus/syrup:</u> 300ml - £2.25 <u>Cold relief sachets:</u> hot drinks x16 - £1 <u>Decongestant capsules:</u> x12 capsules, £2 <u>Inhalers:</u> Morrisons Nasal spray. 15ml, £1.90	<u>Cough linctus/syrup:</u> Assorted Brands 200ml - £2 <u>Cold relief sachets:</u> hot drinks x5 - £1	<u>Cough linctus/syrup:</u> Assorted Brands 100ml - £1.50

Annex J: Adult Clothing.

General:

In the 2014 review of payment rates, in addition to the clothes they were wearing, a reasonable basic wardrobe for adult asylum seekers (men or women) for the maintenance of health, decency and cleanliness was taken to consist of the following items:

- 3 pairs of underpants
- 3 pairs of sock/tights
- 2 vests/bras
- 2 tops or shirts
- 2 pairs of trousers or skirts
- 2 cardigans/jumpers/sweatshirts
- A coat
- 2 pairs of shoes

It was later agreed that other items should be added to this basic wardrobe:

- Nightwear; and
- Hat, gloves and scarf

Research has therefore been undertaken at various times into the cost of purchasing the wardrobe at various retail outlets (Matalan, Tesco, and Asda initially and Primark added later). In 2020, Instead of Tesco, costs in Sainsburys were researched as Tesco's website could not be accessed.

The research has consistently shown the costs of the items range quite widely. This is illustrated in the tables below, which represent the result of research undertaken in August 2020.

The retail figures below show the cost of the clothing items in the stores is slightly lower than last year. Male clothing items are again more expensive than female items; the annual cost of male items being £156.63 (using an average of the middle range costs in the stores), and £143.24 for women. The weekly cost for male clothing is **£3.01** and for female clothing is £2.75. The higher of two will be taken and the necessary figure.

Men				
Shops	Primark	Matalan	Sainsburys	Asda
Underwear				
Pants (x3)	Briefs: £4.50(5) Boxers: £4.50 (3)	Briefs: £6 (3) £10 (4) Boxers: £6 -£10 (3)	Briefs: £8 (3-4) Boxers: £10 (3)	Briefs: £5 (5) Boxers: £5 (3)
Socks(x3)	£2 (5)	£3.50 (5)	£2.50 (3)	£3 (7)
vests (x2)	3pack - £6	2-pack - £6	2-pack - £7	3-pack - £8
Outerwear				
Tops/shirts (x2)	£2 - £12 (1)	£4 - £12.50 (1)	T-shirt: £4 - £8 (1) Polo: £10(1) Shirt/L/S - £14 (1), 2pk for £14	T-Shirts: 2 for £5 Shirts: 2 for £12.50 Polo shirts: 2 for £10
Trousers (x2)	£8 - £14(1)	£9- £16 (1)	£12 - £16 (1)	£8 - £15 (1)
Sweatshirts / jumpers / cardigans (x2)	£5 - £10(1)	£10 - £14 (1)	£10 - £14 (1)	£10 - £12.50 (1) 2pks for £15 & £20
Coat (x1)	£15-£30(1)	£25 - £30 (1)	£29 - £40 (1)	£18 - £30 (1)
Shoes (x2)	£8- £16 (1)	£12.50- £20 (1)	£12 - £25 (1)	£10 - £22 (1)
Nightwear (1) (pyjama sets - short/long sleeve/leg)	£9 (shorts) - £11 (long) (1)	£9 (shorts) – £15 (long) (1)	£1 - £15 (1)	£9 (shorts) – £12.50 (long) (1)
Hat (1)	£2.50-£3(1)	£3 - £5 (1)?	£5 - £7 (1)	£3 (1)
Gloves (1)	£2.50 - £3 (1)	£2 (2pk)	£4-£5 (1)	£3.50 (1)
Scarf (1)	£5 (1)	£6 (1)	£8 (1)	£5 (1)
Range totals	£92.50 - £168.50	£131.50 - £202.50	£150.50 - £220.50	£110.50 - £176.50
Middle ground	£130.50	£167	£185.50	£143.50

Women				
Shops	Primark	Matalan	Sainsburys	Asda
Underwear				
Pants (x3)	£3 - £4(4-5)	£5 (5)	£5 (5)	£5.50 (5)
Socks (x3), or tights (x3)	Socks: £1.80(5) Tights: £3 (5)	£2.50 - £4 (5)	Socks (5) £2.50 Tights (3-5) £3	Socks (5) £2-£2.50 tights (5) £2.50-£3.50
Bras (x2)	£3-£6 each 3pk - £8	£5- £6 each 3-pack: £12	£7-£8 each 2-pack £12	£4 - £6 each 2-pack: £10
Outerwear				
Tops/shirts (x2)	£2.50 - £13 (1)	£3 - £10 (1)	£3 - £12(1)	£2.50 (2pk-£4) - £12.50 (1)
Trousers/skirts(x2)	£5 - £15 (1)	£6 - £14 (1)	£10 - £15(1)	£5 – £12.50 (1)
Sweatshirts / jumpers / cardigans (x2)	£5.50 - £13 (1)	£8 - £12.50 (1)	£7.80 - £10 (1)	£8 - £12.50 (1)
Coat (x1)	£23 - £30(1)	£20 - £30 (1)	£22 - £35 (1)	£18-£28 (1)
Shoes (x2)	£4 - £16 (1)	£8 - £20 (1)	£8 - £16 (1)	£6 - £15 (1)
Nightwear (1) (pyjama/lounge wear sets-short/long sleeve/leg)	£5- £11 (1)	£7.50- £16 (1)	£8 - £12 (1)	£6 - £14 (1)
Hat (1)	£1.50 - £3 (1)	£6 (1)	£6 (1)	£6 (1)
Gloves (1)	£1 (2)	£2 (2)	£4 (2)	£3 (2)
Scarf (1)	£3-£6 (1)	£6 (1)	£8 (1)	£5-£8 (1)
Range totals	£78.30 - £180	£107 - £192	£115.10 - £195	£95.50 - £183
Middle ground	£129.15	£149.50	£155.05	£139.25

Costs at Charity Stores

A survey of charity shops was carried out in Croydon, including: The Salvation Army (TSA), Royal Society for Prevention of Cruelty to Animals (RSCPA), MIND, Scope and St. Christopher's Hospice (SCH).

The shops are dependent on donations given by the public, availability of garments will always be an issue. The research was conducted in 18 August 2020, but on the days of the survey, there appeared to be a good mix of clothing of various sizes, weights (both light and heavy) for both men and women in the shops.

The following items are considered to be acceptable to be sourced from charity shops to supplement/provide an outdoor wardrobe for men or women.

- A coat or jacket (Showerproof/winterweight)
- Top or shirt
- Pair of trouser, jeans, or a skirt
- Cardigans, jumpers, or hoodie

The results of the most recent survey are set out in the tables below. The average mid-range cost of purchasing the items is £23.53 for a woman (using an average of the middle range costs in the stores) and £24.50 for a man. The research shows that asylum seekers should be able to reduce the costs of meeting their clothing needs considerably by using charity shops.

Women's Clothing (2020 figures):

SHOPS	TSA	MIND	RSCPA	SCOPE	SCH
Coat / Jacket	£12	£3 - £10	£6 - £12.50	£8 - £15	£6 - £10
Trousers / jean / skirt	£5	£1 - £7	£3.25 - £5.25	£4 - £6	£4 - £6
Top	£3 - £6	£1 - £7	£1.75 - £4.75	£3 - £5.50	£3 - £7
Cardigan	£6	£1 - £8	£4 - £5.25	£4 - £7	£4 - £7
Ranges	£26 - £29	£6 - £32	£15 - £27.75	£19 - £33.50	£17 - £30
Middle Ground	£27.50	£19	£21.38	£26.25	£23.50

Men's Clothing (2020 figures):

SHOPS	TSA	MIND	RSCPA	SCOPE	SCH
Coat / Jacket	£12	£3 - £10	£6 - £12.50	£10 - £20	£10
Trousers / jean /	£5 - £6	£1 - £6	£3.75 - £5	£4 - £6	£4 - £6
Top	£4 - £5	£1 - £6	£3.50 - £5.75	£2.50 - £6	£4 - £5
Jumper	£3 - £5	£1 - £8	£4 - £6	£5 - £8	£5
Ranges	£24 - £28	£6 - £30	£17.25 - £29.25	£21.50 - £40	£23 - £26
Middle Ground	£26	£18	£23.25	£30.75	£24.50

Annex K: Travel

General

A large number of supported asylum seekers are housed in various towns and cities in the UK. In August 2020, research was undertaken into the cost of travel and availability of concessions in 25 of these cities.

The result of this research is contained in the table below.

Some travel companies assert that single / return tickets may be accessed on buses, but do not advertise costs on their websites. Also, all least one city does not do multiple journey tickets (i.e. London).

Conclusions

- As at the end of December 2020, around 70% of the supported asylum seeker population lived in the 25 towns/cities covered.
- It is possible to make a short return journey for £3.50 or less (using either a return ticket or 2 singles, and sometimes 3 short hops) in 60% of the towns/cities. This may be higher, given that some companies do not advertise costs on their websites.
- It is possible to make a return journey using two singles, a return or a multiple journey (MJ) ticket for £4.70 or less in around 84% of the towns/cities. However, this may be much higher as the travel companies in the remaining 4 town/cities do not advertise the costs of singles or returns on their websites. Such tickets are available and can be obtained on buses.
- In towns/cities in England, those who are registered disabled and/or of pension age may qualify for free off-peak travel on local buses with a national concessionary card. This may depend upon residence in the area.
- In Scotland, Wales and Northern Ireland, this generally applies to those 60+, though there may be local differences regarding age and residence qualification.
- Across the UK, those aged 5 years and under travel for free on local buses.
- Concessions exist for those aged 6-16 or 18, or for those undertaking studies, dependent upon the locality, involving either free travel or cut price child fares.

Research conducted in August 2020

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Scotland						
Glasgow	3801	SPT, First & some independent operators, run the subway and bus services in Glasgow and the local area. Single subway fare: Adult - £1.75 Child - 80p First Bus service fare: Adult: £1.70 for a single journey. Child: £1.10	Return subway fare: Adult - £3.30 Child - £1.55 Subway fares are less if bought using smart cards. (smart card is free if you register online) Return bus ticket can be obtained on buses, but no Information available online. First return bus ticket fare not available online.	One day cards for Unlimited subway in Glasgow Local: Adult: £4.20 Child: £2.10 First one day Bus ticket Adult £4.70 Child £2.10 Family £9-£12 (2+2)	<5years free.6-15years - child fares <u>Young Scot card</u> : 16-18 (and those aged 19-25 if full time volunteer) can use card to get 1/3 (or more) off bus and rail fares. <u>Unirider</u> - the flexible student bus ticket for those studying at Colleges and Universities. <u>National Entitlement Card</u> : Eligible if live in Scotland and are disabled and those 60+. Free bus travel in Scotland and concession fares on the subway and rail. The latter is at most half the standard fare. Consultation led to free bus travel for companions of eligible disabled children under age 5.	16+

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Northern Ireland						
Belfast	857	<p>Full single fares in Belfast range from £1.60 - £2.50 dependent upon length of journey. For children the range is 80p - £1.25.</p> <p>This can be reduced by about a third by buying via multi-journey (5/10/20/30/40) smartlink card (the card is free).</p> <p>Adult range: £1.20-£1.70 Child range: £0.60-£0.85</p>	N/A	<p>1 Day ticket on metro/glider Adult £3.50 Child £1.75 Metro/Glider Family ticket £9 for 2 adults and 4 children.</p>	<p><5 travel free <u>yLink card</u>: 16 - 23. Third off bus and rail travel in NI. Card, valid for up to 8 years, costs £8. <u>Half fare Smartpass</u> - for the disabled (16-64). <u>60+ Smartpass</u>: free travel for those aged 60-64 who are permanent residents of NI and have been so for at least 3 months. <u>Senior Smartpass</u>: free travel for those aged 65+ who are resident in NI and have been so for at least 3 months.</p>	16+

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Wales						
Cardiff	1482	Within Cardiff adult single fare £2, young person single fare £1.30. Short hop fares valid within the boundaries in the city centre, Canton, Roath, Llanrumney & St. Mellons, cost: Adult: £1.20 YP(5-18yrs): 80p	Can be obtained on buses, but no Information available online	Day to go ticket: Adult: £4 YP(5-18yrs): £2.60 Day to go Family (Cardiff and Barry) £11.50 (Cardiff and Penarth) £7.60	<5 travel free, if accompanied. <u>6-60</u> may obtain an "iff card" to obtain cheaper fares. Card free, but replacements may cost £5 <u>Young persons aged 5-15</u> have reduced fares with or w/o iff card. <u>Young persons aged 16-21</u> have reduced fares <u>only</u> with Travel pass - 1/3 off bus fares. <u>Young Person</u> : 12x single tickets for £11; day to go ticket for £2.60. <u>Welsh 60+</u> bus pass (and Scottish/English equivalents) enables free travel on local buses.	on 22th birthday
Swansea (City)	864	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	Day to go tickets: Swansea city - Adult: £5 YP(5-18yrs): £3.30 FirstDay Swansea Bay £4.70	<5 travel free, <u>16-21</u> : 1/3 discount off bus travel with the mytravelpass. The card is free. <u>Welsh 60+</u> bus pass (and Scottish/English equivalents) enables free travel on local buses.	on 19th birthday

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
England						
London	6285	Pay as you go: £1.50 (unlimited travel within 1 hour) with a contactless payment or Oyster card on all buses, trams in London.	N/A	Oyster Card daily limit on bus and tram travel - £4.50	<p>Information from TfL website:</p> <p>Under 11s - travel free on buses and trams. They do not need an Oyster photocard.</p> <p>11-15 - Can travel free on buses and trams with an 11-15 Zip Oyster photocard.</p> <p>16+ - If not eligible for free bus and tram travel, will need a 16+ Zip Oyster photocard to get age 16+ fares or can buy half adult-rate Bus & Tram Passes.</p> <p>18+ Student - Can apply for an 18+ Student Oyster photocard and can get 30% off 7 Day, Monthly and longer period Bus & Tram Passes.</p> <p>Apprentice - Can apply for an Apprentice Oyster photocard and can get 30% off 7 Day, Monthly and longer period Bus & Tram Passes. Apprentice Oyster photocard/Oyster card needed to use pay as you go and daily capping at adult rate.</p> <p>NB. Zip Oyster photocards subject to an admin charge at time of application.</p>	18years +

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Derby	753	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	Arriva: Adult: £4.50 Child: £3.50 Family after 10am or any time weekend £6 for family of 5	<5 years free 5-14 - child fares Seniors: Holders of National Concessionary Travel Passes (England/Scotland/Wales): free bus travel	14+
Nottingham	815	Adult: £2.30 5-19: £1.20 Short Hop: single, wholly within 1/11 local zones: £1.40	Inner city return: £2.50	All day: Adult - £4.20 5-19 - £2.50 Group Rider Ticket: up to 5 people - £6 after 9:30am (Max 2 adults)	Nottingham city Transport: <5 years free 5-19 - reduced child rates Robin Hood smart card provides possibility of lower single fare costs for adults - £2 and U19 - £1. Seniors: Free local off-peak bus travel between 9.30am and 11pm if hold an English National Concessionary Travel Pass.	19+
Leicester	757	First: Adult: from £1.60 5-15: from £1.10	First: 5-15: from £2.70	Arriva Day ticket: Adult: £4.30 Child: £3.50 First Day tickets: Adult: £4.20 Child: £3.70	<5 years free child rates: Arriva: 5-15. First: 5-15. Seniors - free local off-peak bus travel (9.30am - 11pm) if hold a National Concessionary Travel Pass. Half fare at other times.	16+

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Newcastle	845	Single cash fares vary to the length of the journey: Adults: from 0.90p GoNorthEast: U18: £1 flat fare	Can be obtained on buses, but no Information available online	Go North East: Daysaver - £5.30 One Zone: All zones - £7 Route saver - £4 Stage Coach Bus Dayrider Ticket : £4.30 Arriva Day ticket Zone 1: £4.70	<5 years free. Under 16 Pop Card/Nexus U16 card: travel at a flat 60p Single/£1.10 day ticket. Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass.	16+
Stockton-on-Tees	619	Arriva NE adult single cash fares vary to the length of the journey from Adults: from £0.90	Can be obtained on buses, but no Information available online	Arriva: adult: £4.70	<5 years free. Under 16 Pop Card/Nexus U16 card: travel at a flat 60p Single/£1.10 day ticket. Pathfinder 16-19 bus pass (Stockton BC) - unlimited half price travel) Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass.	18+

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Manchester	850	Rosso pay as you go tickets for single fares: £1 - 4.90 Children under 11, half price.	Can be obtained on buses, but no Information available online	Dependent upon the bus company Arriva/First/ Rosso/ Stagecoach day tickets for the GM area costs: Adult: £3.40 - £5 Child: £1.70 - £2.50 Adult System One travel card (bus only): £6 Child System One travel card (bus only): £3	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus and tram tickets in Greater Manchester. igo passes are compulsory for concessionary travel for those aged 11-16 and cost £10. Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass Young people under 20 years of age (11-19 years inclusive) can travel at discounted single journey fares (usually at least 1/3 off the regular price). no id needed	20+

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Liverpool	1424	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	Arriva adult day saver (Merseyside Plus): Adult: £4.50 weekly £10.00 Merseytravel 1 day Saveaway - fares (covers buses trains & ferries): 1 zone/all zones: Adult: £4.20-£5.55 5-18: £2.40-£2.85 1 day Solo ticket (buses only) for adults - £4.90 MyTicket for 5-18, all day travel on buses for £2.20.	<5 years free Seniors/disabled: free local off-peak bus travel if hold a National Concessionary Travel Pass.	18+

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Rochdale	814	Rosso adult single fares range from: £1 - £4.90	Can be obtained on buses, but no Information available online	FirstDay ticket: Adult: £5 Adult System One travel card (bus only): £6 Child System One travel card (bus only): £3	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus tickets in Greater Manchester. igo passes are compulsory for concessionary travel for those aged 11-16. 16 to 18 can obtain a "get me there" card which provides access to half price bus and metrolink tickets. Seniors/disabled: free local off-peak bus travel if hold a National Concessionary Travel Pass	16+
Wigan	848	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	FirstDay ticket: Adult: £5 Adult System One travel card (bus only): £6 Child System One travel card (bus only): £3	<5 years free 5-16 IGO pass: costs £10 and valid 31 August after 16th Birthday. 16-21years can apply for an IGO pass which cost £10 to use from their college to residential address during school term Monday - Friday which can allow them to a concessionary fare (half adult-rate Bus & Metro tickets) 63+: free local off-peak bus travel if hold a National Concessionary Travel Pass.	16+

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Bolton	920	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	FirstDay ticket: Adult: £5 Adult System One travel card (bus only): £6 Child System One travel card (bus only): £3	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus tickets in Greater Manchester. igo passes are compulsory for concessionary travel for those aged 11-16. Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass	16+
Salford	770	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	FirstDay ticket: Adult: £5 Arriva Day ticket: Adult: £4.70 Child: £2.30 Adult System One travel card (bus only): £6 Child System One travel card (bus only): £3	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus tickets in Greater Manchester. igo passes are compulsory for concessionary travel for those aged 11-16. Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass	16+

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Birmingham	1599	National Express Short hop maximum single fare Adult £1.50-2.40 Child: £1.20	Can be obtained on buses, but no Information available online	Dependent on Operator: Adult 1 day ticket: £4 - £5 Child 1 day ticket: £2.30 - £3.40 National Express Day Saver Adult £4.60 Child: £2.30	<5 years free Under 16 photocard - for child fares 16-18 photocard for child fares. Swift card (smart card) enable discounts. 63+: free local off-peak bus travel if hold a National Concessionary Travel Pass.	16+
Sandwell	916	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	Dependent on Operator: Adult 1 day ticket: £4- £5 Child 1 day ticket: £2.20- £4 Nxpress Daytickets in Sandwell /Dudley zone: adult - £3 child: £1.50	<5 years free Under 16 photocard - for child fares 16-18 photocard for child fares. Swift card (smart card) enable discounts. 63+: free local off-peak bus travel if hold a National Concessionary Travel Pass.	16+

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Stoke-on-Trent	911	First Potteries: singles (adult & child) from £1.50 D&G buses (Potteries): Adult: £2.20 YP (5-17inc): £1.50	First Potteries: Adult return - £4 D&G buses (Potteries): Adult: £4.50 YP (5-17inc): £3	SmartbusDay tickets: Adult: £5.90 child: £4.40 First Potteries: Adult day: £5 5-15 day: £3.80	<5 years free 5-15 - child fares. A free proof of age card needed from age 11yrs. 16+ and in FTE, access to discounted student tickets with student ID Seniors/Disabled: free local off-peak (9.30am - 11pm) bus travel if hold a English National Concessionary Travel Pass.	16+
Wolverhampton	793	nxbus singles: Adult: £1.50-£2.40 Child: £1.20	Can be obtained on buses, but no Information available online	nxbus day tickets: Adult: £4.60 Child: £3.10 Arriva (Black country): Adult: £4 Child: £2	<5 years free 5-15 - child fares. Seniors/Disabled: free local off-peak (9.30am - 11pm) bus travel if hold a English National Concessionary Travel Pass.	16+
Bradford	1165	First adult single from: £1.40	Can be obtained on buses, but no Information available online	First adult day ticket: £4.70	<5 years free 5-10 - half adult fare 11-18 - half adult fare with 11-16 and 16-18 photocards. Seniors/Disabled: free local off-peak bus travel if hold a English National Concessionary Travel Pass.	19

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Sheffield	853	First South Yorkshire: Child: 80p student: £1.20 Adult: £1 Super Tram: Adult: £1.90-2.60 5-10yrs: 80p 11-15yrs: 80p with mega travel pass 16-18yrs: 80p with 16-18 travel pass	Super Tram Return ticket: £3.20	First South Yorkshire day tickets: Adult: £4.40 Adult citybus: £4.50 Adult Citywide (bus and tram): £4.80 Child: £2 - £2.40 Super Tram: Tram and Bus Dayrider: £4.90	<5 years free 5-11 -child fares 11-16 Mega travel Pass - child fares 16-18 (and in FTE) Student Pass - child fares No Pass - pay full fare. Seniors/Disabled: free local off-peak (9.30am-11pm bus travel if hold a English National Concessionary Travel Pass.	19
Kirklees	746	First: Adult from £1.50	Can be obtained on buses, but no Information available online	First Day: Adult: £4.50-5.20 Young person <19: £2.50 : Arriva Adult - £4.90 child - £2.50 Plus bus day ticket: Adult - £4 child - £2	Children under 5 travel free when accompanied, 5-10 years pay half price no photo card needed. 11-16 half price bus with free photocard. Pay as you go M card available which is free and can be used on all buses. Blind - Free travel on buses with Travel pass Disabled Free off peak travel with Travel pass.	16

City	Supported Asylum seeker population @31.12.2019	Single Bus Journey	Return Bus Journey	Multiple journey day tickets	Ages for free travel	Ages for full fare
Oldham	683	Can be obtained on buses, but no Information available online	Can be obtained on buses, but no Information available online	Dependent upon bus co. Arriva/First/Rosso/stagecoach day tickets for the GM area costs: Adult: £3.40 - £5 Child: £1.70 - £2.50 Adult System One travel card (bus only): £6 Child System One travel card (bus only): £3	<5 years free, if accompanied 5 to 16 year olds can apply for an "igo pass" which lets them buy low-cost bus tickets in Greater Manchester. igo passes are compulsory for concessionary travel for those aged 11-16 and cost £10. Seniors: free local off-peak bus travel if hold a National Concessionary Travel Pass	16
Leeds	852	First: Adult: from £1.40 5-19: from £0.70	Can be obtained on buses, but no Information available online	First Day Adult: £4.70	<5 years free 5-16 - half adult fare with >16 photocard (free, but replacements are £5) 16-19 - half adult fare with 16-19 photocard, cost £5. Seniors/Disabled: free local off-peak bus travel if hold a English National Concessionary Travel Pass.	19

Annex L: Communications 2020

Writing materials for communication and for education of children

A notepad and 10 ball point pens, can be bought for between £1.38 and £3.45 (around 20 pence per week over a year)

Contract Phones (www.comparemymobile.com; www.tescomobile.com @ 6/8/2020)

The cheapest contracts found (including handset, such as Alcatel 1 or Motorola Moto E6 play, and allowing for 250 – 5000 minutes / 5000 texts / 500MB-5GB of data per month) were between £7.50-£14 per calendar month, based on a two-year contract, which is typical. That is £90 - £168 p.a. over the term of the contract, or **£1.73 - £3.23 per week**.

SIM Free mobile phones (via: www.tescomobile.com @ 6/8/2020)

SIM Free phone users do have to pay for the full cost of the phone on the day of purchase, but the benefits include no long-term contract and possible long-term savings. For example:

SIM free phone	Cost of phone (£)	Where:
Alcatel 2038X	£14.99	Tesco
Tesco Mobile Verve Connect IMO Dash	£14.99	Tesco

SIM only deals (via: www.comparemymobile.com, www.mobilelebara.com, www.carphonewarehouse.co.uk, @ 7/8/20)

Company	SIM only 1 month contract deals	Cost:	Weekly cost
Lebara	1000mins / 1000 txts/2GB	£5	£1.16
	Unlimited minutes/1000 txts/3GB	£10	£2.31
iD Mobile	1GB data/unlimited minutes&texts	£6	£1.38
	3GB data/unlimited minutes&texts	£7	£1.62
	10GB data/unlimited minutes&texts	£8	£1.85

Networks now offer SIM only deals with minimum terms of 12 and 18 months. These offer even better value, giving more minutes and texts for the same monthly price as the equivalent 1 month SIM only deal. There are also regular special offers.

Pay-As-You-Go (via: www.comparemymobile.com, www.mobilelebara.com, www.carphonewarehouse.co.uk, @ 7/8/20)

There are PAYG deals including the phone, but these will link to a network, such as the following EE and Vodafone deals below:

Carphonewarehouse deals:

- EE PAYG, Alcatel U3 3G phone £34.99 up front with £10 top, 8GB/100mins/unlimited texts
- Vodafone PAYG, Alcatel U3 3G phone £39.99 upfront with £10 top up, 15GB/250mins/unlimited texts

The EE deal with the Alcatel U3 phone, would cost £49.99 in the first month and £10 per month from then on. That is £11.25 per week for the first 4 weeks, then £2.31 per week.

If you are already in possession of a mobile phone, it is possible to further reduce spending on telephone calls by purchasing Pay as You Go (PAYG) SIM cards. Many PAYG SIM only deals are available for free or are free when you buy a certain amount of credit (usually £10 - £15).

Other basic PAYG deals are as follows (@ 7/8/20):

Company	Cost	Deal:	Weekly cost:
Lebara	Free sim, £5/£10 top ups	1000mins / 1000 txts/2GB	£1.16
		Unlimited minutes/1000 txts/3GB [NB. Calls between those on the Lebara UK network are free]	£2.31
Tesco	Rocket Packs: free sim, with top-ups: £10, £15, £20	500 mins/5000texts/4GB data	£2.31
		1000 mins/5000texts/8GB data	£3.46
		2000 mins/5000texts/16GB data	£4.62

The Tesco Mobile Verve Connect IMO Dash, with the £10 Rocket Sim pack would cost just £24.99 (£14.99 + £10 top-up) in the first month and £10 per month from then on (NB. There is currently a deal where if a £10 top is bought at the same time, there is £10 off the phone). That is £6.06 (£3.77) per week for the first four weeks then £2.31 per week from then.

Where using PAYG SIMs requires an existing phone to be unlocked, this is readily available and relatively cheap (anywhere from £15 - £20). If the current phone is under contract the existing network, the supplier is obligated to unlock your phone for you upon request. They may charge a fee for this service, but often waive it if you remain with their network. You can check for information and much more on saving money on the costs of mobile phones and calls on this on the following website:

<https://www.moneysavingexpert.com/phones/unlock-mobile-phone/>

International calling cards

Tesco calling cards are typical (<https://www.tescointernationalcalling.com/>). The data below is taken from their website on 7/8/2020. However, it is always prudent to shop around and others like Lyca (<http://www.lycatalk.co.uk/en/international-calling-cards>) and Lebara may also have competitive rates:

Top 13 supported nationalities (@31.3.20)	Landline/Landline cost	Landline/Mobile cost	SMS	connection fee per call
Iraq (6276)	12	18	0	4
Iran (4684)	14	14	0	4
Albania (4254)	24	32	0	4
Pakistan (2995)	4	4	0	4
China (2,625)	0.5	1	0	4
Nigeria (2447)	7	8	0	4
Afghanistan (1916)	16	16	0	4
Eritrea (1,563)	22	24	0	4
El Salvador (1240)	16	16	0	4
Sudan (1,166)	8	12	0	4
Sri Lanka (813)	14	14	0	4
Bangladesh (726)	2	2	0	4
Syria (708)	24	24	0	4

Around 69% of all currently supported persons (30,293/44,244) can make an international call for on average 12 – 15 pence per minute, plus a 4p connection fee, as well as being able to text for free. This could be cheaper if the user shopped around for the best deal. Also, given that access to the internet at libraries is free, communication via Skype is cheaper still.

Annex M - Cost of Children's toiletries, non-prescription medication and household cleaning items

	Results of 2020 research			
Essential Toiletries:	prices	Multiplier	total p.a.	Outlet
Toothpaste x 4	50p - £1.29	4 x 75ml	£4.00	Superdrug(75ml, 99p), Boots(75ml, £1), PoundStretchers(50ml, 50p), Sainsbury/Asda/Morrisons(50-75m, £1)
Toothbrushes x 4	£1 (1)	4 brushes	£4.00	Asda(x2, 60p), Superdrug(x1, 99p, x3, £1.99), Boots (x1, £1), Sainsbury(x1, £1)
Boots / Johnson's Soap x4 100g	£1.25	1 x 4x100g pack	£1.25	Poundland(J,£1), Boots/Sainsburys/Asda (J/OB, £1.25)
Johnson's baby bath: 4 x 500ml	£2.25-£2.50	4 x 500ml	£9-£10 avg: £9.50	Sainsbury (£2.25), Asda(£2.35), Superdrug(£2.49), Waitrose (£2.45), Boots/Morrisons(£2.50),
Own Brand Baby bath: 4 x 500ml	79p-£1	4 x 500ml	£3.16 - £4 Avg: £3.58	Lidl (79p), Asda(95p), Boots/Sainsbury/Morrisons(£1),
Johnson's Baby Shampoo: 4 x 500ml	£2.35 - £2.50	4 x 500ml	£9.40- £10 Avg: £10.70	Asda (£2.35), Waitrose (£2.45), Superdrug (£2.49), Morrisons (£2.50),
Own Brand Baby Shampoo: 4 x 500ml	79p - £1	4 x 500ml	£3.16 - £4 Avg: £3.58	Lidl (79p), Asda (84p), Sainsburys/Boots/Morrisons (£1),
Johnson's Baby lotion: 4 x 500ml	£2.25-£2.50	4 x 500ml	£9-£10 Avg: £9.50	Sainsburys(£2.25), Asda (£2.35), Waitrose (£2.45), Superdrug (£2.49), Boots/Morrisons (£2.50),
Own Brand Baby lotion: 4 x 500ml	79p-£1	4 x 500ml	£3.16 - £4 Avg: £3.58	Lidl (79p), Asda (95p), Sainsburys/Boots/Morrisons (£1),
Johnson's Baby Oil: 1l	£2.25-£2.50	1l	£4.50-£5 Avg: £4.75	Sainsburys(£2.25), Asda (£2.35), Waitrose (£2.40), Superdrug (£2.49), Boots/Morrisons (£2.50),
Baby Oil: 1l	£1.20 (500ml)- £1.29 (250ml)	1l	£3.60-£5.17 Avg: £4.39	300ml: Asda(£1.20), Morrisons (£1.35), Boots (1.49), Sainsburys (£1.50). 200ml: Poundland(£1). 250ml: Superdrug (£1.29)
Johnson's Baby powder: 4 x 500g	£2.25-£2.50	4 x 500g	£9-£10 Avg: £9.50	Sainsburys(£2.25), Asda (£2.35), Waitrose (£2.45), Superdrug (£2.49), Boots/Morrisons (£2.50),
Other Baby powder: 4 x 500g	£1-£1.50	2kg	£6-£10.32 avg: £8.16	400g: Asda(£1.20), Morrisons (£1.35), Sainsburys (£1.50). 350g: Poundland (£1), PoundStretcher (£1.49). 250g: Superdrug (£1.29)
Subtotals:	£32.54 (alternates)- £53.20 (Johnson's)			
<u>Essential cleaning stuffs:</u>				

Bleach x 4	750ml:39p-65p	4 x 750ml	£2.60	4/6 researched:750ml – 39p-65p
Cleaning fluid (Cif or equiv.) x 4	500ml: £1	4 x 500ml	£4.00	4/6 researched: 500ml x £1 or less
Washing up liquid x 4 @ 500ml	500ml:41p - £1	x4	£1.64 - £4 Avg: £2.82	5/6 researched: 500ml x £1 or less,
Toilet roll - 52 rolls	x9 - £1 - £3	9x6 rolls	£6 - £18 Avg: £12	5/7 outlets: Packs of 9 for under £3: Tesco/Superdrug/ PoundLand: less than £2.50
Washing powder / Gel / Liquid etc. (5 washes every fortnight (wash packs x 13?))	5p- 11p per wash	x130 washes	£6.50-£14.30 Avg: £10.40	6/7 outlets provide items costing 5-11p per wash.
Subtotal = £31.82				
<u>Essential generic non-prescription medication:</u>				
Paracetamol(P) 1x80ml/100ml Ibuprofen (I) 1x 100ml	P:£2-£2.89 I:£1.95-£2.99	1 of each	3.95-£5.88 avg: £4.92	Boots / Lidl / Asda / Morrisons
Teething gel: 4 x 15ml (one every 3 months)	£2.49 - £4	60ml	£14-£16 Avg: £15	Anbesol, 10g: Superdrug/Boots Bonjela, 15g: Sainsburys/Asda / Morrisons
Sudacreme: 1x400g	£5.80	1 x 400g	£5.80	Asda (also Sainsburys: 400g@£6)
petroleum jelly: 1 x 250g (Vaseline or own/other brand)	£1.00	1 x 375g	£1.00	PoundLand and various stores own brand: 150ml @ £1.30- £1.50
Nappy cream: 2 x 125g	1.25-£1.45	2x 150g	£2.50 - £2.90 Avg: £2.70	Sainsburys / Asda / Morrisons
Subtotal = £29.42				
(Anything other than this should be provided via GP on free prescriptions).				
Grand Totals	£93.78 (alternates)- £114.44(Johnson's)			

Background Research:

Toiletries / non-prescription medication research for babies and children and household cleaning items. Laundry items and toilet roll research taken from adult research. Unless otherwise stated for, items are own branded goods:

- Online research done in September 2020 for Superdrug, Boots, PoundLand, Poundstretchers, Lidl, Sainsburys, Asda, Waitrose and Morrisons

items	Superdrug	Boots	PoundLand	Poundstretcher	Lidl	Sainsburys	Asda	Waitrose	Morrisons
Toiletries									
Toothbrushes	SD kids, 99p each Aquafresh 3pk, 0-7yrs, £1.99	Boots Kids: 0-2yrs/3-5yrs/6yrs+, x1 - £1	n/a	n/a	n/a	(S/OB) Oracare, x1 0-2yrs / 3-6yrs, £1,	Pure kids 2pk, 60p Colgate, 0-3yrs/4-6yrs / 6yrs+, £1 each	Aquafresh, 0-2yrs/ 3-5yrs, x1, £2	Aquafresh, 0-2yrs/3-5yrs, x1, £2, x2, £3
Toothpaste	SD kids, 75ml 0-3+ 99p Colgate: 50ml, 0-2yrs, £1.29 75ml 3-5/6-9yrs, £1.29	Boots Kids Toothpaste 75ml (0-2yrs, 3-5yrs, 6yrs+) - £1	n/a	Colgate, 0-3yrs, 50 ml, 50p	n/a	(S/OB) Oracare, 75ml, 0-2yrs/3yrs+, £1	OB, 3yrs+, 75ml, £1 Colgate, 0-2yrs, 50ml, £1 Aquafresh, 3-8yrs, 75ml, £1.	n/a	Aquafresh, 0-2yrs, 50ml, £1
Soap/shower gel	<u>Soap:</u> Johnsons, 4x100g £1.50 <u>Baby bath:</u> Johnson's: 500ml, £2.49 SD: 300ml, 99p	<u>Soap:</u> Boots baby soap: 4x100g, £1.25 <u>Baby bath:</u> Johnson's: 500ml, £2.50 Boots: 500ml, £1	<u>Soap:</u> Johnsons, 4x100g, £1	n/a	<u>Baby bath:</u> Lupilu 500ml, 79p	<u>Soap:</u> Johnsons, 4x100g, £1.25 <u>Baby bath:</u> little ones 500ml, £1 Johnsons, 500ml, £2.25	<u>Soap:</u> Johnsons, 4x100g, £1.25 <u>Baby bath:</u> Little ones, 500ml, 95p Johnsons, 500ml, £2.35	<u>Soap:</u> n/a <u>Baby bath:</u> Johnsons, 500ml, £2.45	<u>Soap:</u> Nutmeg, 100g, 45p Johnsons, 4x100g, £1.30 <u>Baby bath:</u> Nutmeg, 500ml, £1 Johnsons, 500ml, £2.50

items	Superdrug	Boots	PoundLand	Poundstretcher	Lidl	Sainsburys	Asda	Waitrose	Morrisons
Shampoo	Johnson's Baby, 500ml, £2.49 SD: 300ml, 99p	Johnson's Baby, 300ml, £2 Boots Baby shampoo, 500ml, £1	n/a	n/a	Lupilu 500ml, 79p	Johnson's, 300ml, £1.50, Little ones, 500ml, £1	Johnson's, 500ml, £2.35, Little ones, 500ml, 84p	Johnson's, 500ml, £2.45,	Nutmeg, 500ml, £1 Johnson's, 500ml, £2.50
Skincare	<u>Lotion:</u> Johnson's: 500ml, £2.49 SD: 300ml, 99p <u>Oil:</u> Johnson's 500ml, £2.49 SD: 250ml, £1.29 <u>Baby Powder:</u> Johnson's 500g, £2.49 SD: 250ml £1.29	<u>Lotion:</u> Johnson's: 500ml, (promo £1.67) normally £2.50 Boots, 500ml, £1 <u>Oil:</u> Johnson's 500ml, (promo £1.67) normally £2.50 Boots, 300ml, £1.49 <u>Baby Powder:</u> Johnson's 500g, (promo £1.67) normally £2.50 Johnson's 200g, £1.50	<u>Lotion:</u> n/a <u>Oil:</u> Johnson's, 200ml, £1 <u>Baby Powder:</u> Johnson's, 200g, £1 Cussons, 350g, £1	<u>Lotion:</u> n/a <u>Oil:</u> n/a <u>Baby Powder:</u> Cussons baby talcom powder, 350g,£1.49	<u>Lotion:</u> Lupilu, 500ml, 79p	<u>Lotion:</u> Johnson's, 500ml, £2.25 Little ones, 500ml, £1 <u>Oil:</u> Johnson's, 500ml, £2.25 Little ones, 300ml, £1.50 <u>Baby Powder:</u> Johnson's,500g, £2.25 Little ones, 400ml, £1.50	<u>Lotion:</u> Johnson's, 500ml, £2.35 Little ones, 500ml, 95p <u>Oil:</u> Johnson's, 500ml, £2.35 Little ones, 300ml, £1.20 <u>Baby Powder:</u> Johnson's,500g, £2.35 Little ones, 400g, £1.20	<u>Lotion:</u> Johnson's, 500ml, £2.45 <u>Oil:</u> Johnson's, 500ml, £2.40 <u>Baby Powder:</u> Johnson's,500g, £2.45	<u>Lotion:</u> Nutmeg, 500ml, £1 Johnson's, 500ml, £2.50 <u>Oil:</u> Nutmeg, 300ml, £1.35 Johnson's, 500ml, £2.50 <u>Baby Powder:</u> Nutmeg, 400g, £1.35 Johnson's,500g, £2.50

items	<i>Superdrug</i>	<i>Boots</i>	<i>PoundLand</i>	<i>Poundstretcher</i>	<i>Lidl</i>	<i>Sainsburys</i>	<i>Asda</i>	<i>Waitrose</i>	<i>Morrisons</i>
Household cleaning items									
Bleach	N/A	N/A	Domestos, £1 750ml	Bleach 750ml 49p	N/A	Domestos 750ml £1	ASDA 750ml: 42p	Essentials 750ml 65p	750ml 60p Domestos 750ml £1
Cleaning fluid (Cif or equivalent)	N/A	N/A	Cif £1	cif £1.29	N/A	Own brand 80p	Assorted Brands £1	Cif 500ml, £1	Cif £1
Washing up liquid	N/A	N/A	Fairy Liquid 433ml £1	500ml 69p	N/A	450ml own Brand 60p 433ml Fairy £1	Asda 500ml 50p Fairy liquid £1	500ml £1 Fairy liquid 433ml £1.25	450ml 60p Fairy 383ml £1.30
non-prescription medication									
painkillers etc	Calpol, 2-3mths+, 100ml, £3.49 SD children's vapour rub, 50g, £1.89	Boots paracetamol (3mths+), 100ml, £2.65; (6yr+), 80ml, £2.65 Boots Ibuprofen (3mth+), 100ml, £2.65	n/a	n/a	Calpol, paracetamol suspension, 2mths+, 100ml, £2.89 Neurofen Ibuprofen suspension, 3mth-9yrs, 100ml, £2.99	<u>n/a</u>	Asda Paracetamol suspension, 3mths+, 100ml, £2 Asda Ibuprofen suspension, 3mths+, 100ml, £1.95	n/a	Morrisons Paracetamol suspension, 3mths+, 100ml, £2 Morrisons Ibuprofen suspension, 3mths+, 100ml, £2

items	Superdrug	Boots	PoundLand	Poundstretcher	Lidl	Sainsburys	Asda	Waitrose	Morrisons
Sudacreme / Vaseline / nappy cream	<u>Sudacreme:</u> 125g, £2.99 SD little star Nappy cream, 150ml, £2.99 <u>Petroleum Jelly:</u> Vaseline, 250ml, £2.99 SD, 100ml, £1.29	<u>Sudacreme:</u> 125g, £2.99 Boots nappy cream, 100ml, £3.99 <u>Petroleum Jelly:</u> Vaseline, 250ml, £2.99	unbranded Petroleum Jelly, 375g, £1	n/a	<u>Sudacreme:</u> 250g, £3.69	<u>Sudacreme:</u> 175g, £4 400g, £6 <u>Nappy cream:</u> little ones, 125g, £1.35 <u>Petroleum Jelly:</u> Sainsbury, 150ml, £1.50 Vaseline, 250g, £3	<u>Sudacreme:</u> 175g, £3.50 400g, £5.80 <u>Nappy cream:</u> little ones, 125g, £1.25 <u>Petroleum Jelly:</u> Asda, 150ml, £1.30	<u>Petroleum Jelly:</u> Vaseline, 250ml, £3.10	<u>Sudacreme:</u> 125g, £2.50 <u>Nappy cream:</u> Nutmeg, 200g, £1.45 <u>Petroleum Jelly:</u> Nutmeg, 150ml, £1.35
teething gel	Anbesol, 10g, £2.49	Anbesol Teething Gel, 10g, £2.49	n/a	n/a	n/a	Bonjela, 15g, £3.60	Bonjela, 15g, £3.50	n/a	Anbesol, 10g, £2.49

Annex N: Children's Clothing

This research approaches the issue of costing a child's wardrobe of essential clothes, including both casual clothing and school uniform where needed, by looking at three age groups: infants (0-24 months), young children (3-12yrs) and teenagers (13yrs+).

The costing for the wardrobe of clothes was based on online research at Matalan Asda and Sainsburys, and in store at Primark in September 2020. The costings for each group were based on the cost of clothing for the eldest person within each age group, which may mean that the actual costs for younger children within each age group are less.

Infants (0-24mth)

Item	Sainsbury s	Asda	Matalan	Primark
3 pairs pyjamas	£10.00	£5.00	£11.00	£6.50
6 baby grows	£7.50	£6.50	£5.50	£6.60
1 zip-through suit (for outdoor)	£15.00	£15.00	£5.50	£14.00
6 vests	£7.50	£5.50	£16.00	£5.60
total	£40.00	£32.00	£38.00	£32.70
total (renewed every 3 months)	£160.00	£128.00	£152.00	£130.80
weekly	£3.08	£2.46	£2.92	£2.52

Child (3-12 years)

Item	Sainsbury s	Asda	Matalan	Primark
<i>Basic wardrobe</i>				
<i>7 sets of underwear</i>	£11.50	£9.50	£8.50	£8.30
<i>7 pairs of sock/tights</i>	£5.50	£6.00	£7.50	£2.50
<i>3 pairs of pyjamas</i>	£18.50	£15.00	£26.25	£19.50
<i>1 dressing gown</i>	£11.00	£11.00	£9.75	£11.00
<i>3 pairs of trousers/skirts</i>	£30.00	£19.00	£30.00	£19.50
<i>4 shirts/blouses</i>	£21.00	£20.00	£25.75	£25.00
<i>2 T-shirts</i>	£5.00	£5.00	£5.00	£4.10
<i>2 sweater/sweatshirt/cardigan</i>	£14.00	£14.00	£20.00	£10.00
<i>1 pair wellies</i>	£12.00	£11.00	£11.00	£10.00
<i>1 pair trainer</i>	£10.00	£12.00	£13.00	£12.00
<i>1 pair slippers</i>	£6.50	£6.50	£4.00	£5.00
<i>1 coat</i>	£23.00	£20.00	£25.00	£20.00
<i>Subtotal</i>	£168.00	£149.00	£185.75	£146.90
<i>School uniform</i>				
<i>2 trousers/skirts</i>	£11.00	£10.50	£13.00	N/A
<i>2 polo shirts/blouses/shirts</i>	£6.50	£4.25	£6.50	N/A
<i>1 school jumper</i>	£10.00	£6.50	£5.00	N/A
<i>pair shoes(for school)</i>	£16.00	£13.00	£14.00	N/A
<i>1 school bag</i>	£10.00	£7.00	£8.00	N/A
<i>Subtotal</i>	£53.50	£41.25	£46.50	N/A

<i>Annual total (inc schoolwear)</i>	£221.50	£190.25	£232.25	N/A
<i>weekly total</i>	£4.26	£3.66	£4.47	N/A
<i>Annual total (exc schoolwear)</i>	£168.00	£149.00	£185.75	£146.90
<i>weekly total</i>	£3.23	£2.87	£3.57	£2.83

Teenager (13years +)

Item	Sainsburys	Asda	Matalan	Primark
<u>Underwear</u>				
7 socks tights	£7.50	£9.00	£8.50	£4.80
7 boxers/knickers	£18.00	£5.00	£12.00	£9.00
3 bras/vests	£20.00	£11.50	£16.00	£8.00
2 pair pyjamas	£22.00	£15.00	£20.00	£20.00
<u>Out of school wear</u>				
3 trousers/skirts	£40.00	£20.00	£27.00	£30.00
3 tops	£20.00	£13.00	£18.00	£23.25
2 sweaters/tracksuit tops	£23.00	£12.00	£20.00	£18.50
<u>Outerwear</u>				
coat	£26.00	£18.00	£22.50	£26.50
1 pair boots (optional)	£25.00	£14.25	£12.00	£16.00
1 pair trainers	£14.00	£12.00	£12.50	£14.00
1 pair slippers	£7.00	£6.50	£6.00	£4.00
<u>School uniform</u>				
2 trousers/skirts	£15.00	£7.00	£20.00	N/A
2 polo shirts/blouses/shirts	£6.50	£3.50	£7.00	N/A
1 school jumper	£10.00	£4.00	£10.00	N/A
pair shoes(for school)	£16.00	£14.00	£15.00	N/A
Sports top	£7.00	£2.00	£7.50	N/A
tracksuit bottoms	£12.00	£8.00	£9.50	N/A
shorts/skirt	£5.00	£3.00	£10.00	N/A
1 school bag	£16.00	£4.00	£8.00	N/A
total (inc schoolwear)	£310.00	£181.75	£261.50	N/A
weekly	£5.96	£3.50	£5.03	N/A
total (exc schoolwear)	£222.50	£136.25	£174.50	£174.05
weekly	£4.28	£2.62	£3.36	£3.35

Charity Shops

In August 2020, research was conducted on what was available in charity shops for children, not only in respect to clothing (outerwear only, not underwear) but also books, toys etc.

All of the outlets visited had some items of school uniform (unbadged only). All of the shops advise donors that they are unable to take badged items, which should instead be taken to the school for sale in their market place.

All of the outlets had items of outerwear for babies and children available for between £0.50 - £4 an item. Some also stocked some fancy-dress items, as well as a range of games, puzzles, toys and books for £0.30 - £7.

All of the outlets are able to process card payments and thus are able to take payment via ASPEN card.

Conclusions:

The overall outcome of the research is set out in the table below. The average weekly costs in the retail stores of providing adequate clothing for infants (and renewing the wardrobe every 3 months) is £2.75. The average costs for the other two groups (inclusive of school wear) are £4.13 and £4.83 respectively). These costs could be even lower if some items are sourced in charity shops

Basic wardrobe - weekly cost					
Age range	Sainsburys	Asda	Matalan	Primark	average
Infant	£3.08	£2.46	£2.92	£2.52	£2.75
Child	£3.23	£2.87	£3.57	£2.83	£3.13
Teenager	£4.28	£2.62	£3.36	£3.35	£3.40

With school wear - weekly cost					
Age range	Sainsburys	Asda	Matalan	Primark	average
Infant	N/A	N/A	N/A	N/A	N/A
Child	£3.66	£4.26	£4.47	N/A	£4.13
Teenager	£5.96	£3.50	£5.03	N/A	£4.83

Annex O: Research on nappies and formula milk

Table 1 sets out the combined cost per week for nappies and formula milk at a range of stores based on online research undertaken in October 2020.

Table 1: Combined prices:

Approx. age	0-2 weeks	2-4 weeks	4-8 weeks	8-12 weeks	3-4 months
Approx. weekly cost for milk	£6.96	£7.73	£9.66	£11.59	£11.59
Average weekly cost for nappies	£7.38	£8.32	£8.32	£8.32	£8.32
Total	£14.34	£16.05	£17.98	£19.91	£19.91
Approx. age	4-5 months	5-6 months	7-12 months	12-18 months	18-24 months
Approx. weekly cost for milk	£13.52	£13.52	£8.11	£8.11	£8.11
Average weekly cost for nappies	£8.54	£8.54	£7.78	£6.58	£6.58
Total	£22.06	£22.06	£15.89	£14.69	£14.69

Nappies:

The information on numbers of nappies required by babies in Tables 2 and 3 below was taken from the internet (www.whatprice.co.uk/health/parent/nappies.html). The cost of nappies is taken from online research conducted on 6 October 2020:

Table 2: Own branded nappies (Cheapest out of six stores)

Age group of wearer	Nappies used per day	Total nappies used in age group	average cost per nappy	Total Cost of Nappies	divisor	per week
0-2 weeks	12	168	£0.03	£5.04	2 weeks	£2.52
0-4 months	12	1260	£0.04	£50.40	15 weeks	£3.36
4-6 months	10	630	£0.05	£31.50	9 weeks	£3.50
6-12 months	8	1456	£0.06	£87.36	26 weeks	£3.36
12-18 months	6	1092	£0.07	£76.44	26 weeks	£2.94
18-24 months	4	728	£0.11	£80.08	26 weeks	£3.08

Table 3: Branded nappies (Dearest found out of five stores)

Age group of wearer	Nappies used per day	Total nappies used in age group	average cost per nappy	Total Cost of Nappies	divisor	per week
0-2 weeks	12	168		£0.00	2 weeks	£0.00
0-4 months	12	1260	£0.17	£214.20	15 weeks	£14.28
4-6 months	10	630	£0.18	£113.40	9 weeks	£12.60
6-12 months	8	1456	£0.26	£378.56	26 weeks	£14.56
12-18 months	6	1092	£0.29	£316.68	26 weeks	£12.18
18-24 months	4	728	£0.18	£131.04	26 weeks	£5.04

The branded nappies could be purchased in five of the six stores researched and were considerably cheaper in two of the other four stores.

Formula milk:

The information on how much formula milk is required set out in Table 4 below was taken from the internet (www.aptaclub.co.uk/bottlefeeding/article/how-much-and-how-often). The average cost of an 800mg box of baby formula ranges between £7.49 and £11.50 (an average of £0.012 per gram) – online research conducted on October 2020:

Table 4: average price per week for formula milk

Approximate age	0-2 wks	2-4 wks	4-8 wks	8-12 wks	3-4 mths	4-5 mths	5-6 mths	7-12 mths	12-18 mths	18-24 mths
approximate weight - kgs	3.5	3.9	4.7	5.4	6.2	6.9	7.6			
approximate weight - lbs	7 3/4	8 1/2	10 1/2	12	13 3/4	15 3/4	16 3/4			
Feeds per 24 hour period	6	5	5	5	5	5	5	3	3	3
level scoops per feed (1 scoop=4.6g)	3	4	5	6	6	7	7	7	7	7
Quantity of Water - ml	90	120	150	180	180	210	210	210	210	210
Quantity of Water - fl oz	3	4	5	6	6	7	7	7	7	7
grams of formula per 24 hrs	82.8	92	115	138	138	161	161	96.6	96.6	96.6
grams per week	579.6	644	805	966	966	1127	1127	676.2	676.2	676.2
Kind of milk	first milk	first milk	first milk	first milk	first milk	first milk	follow-on milk	Growing up milk	Infant	Infant
Approx. Cost pwk	£6.96	£7.73	£9.66	£11.59	£11.59	£13.52	£13.52	£8.11	£8.11	£8.11